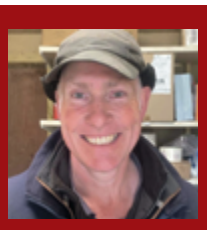
News
Rally cry to save the high street as stores shut down
Page 2



Interview
We're fighting back for future of farming
Page 7

International
California fires symbolic of decline of West
Page 16

Health
Practical home health for the winter months
Page 21

The Uncensored Truth

TheLIGHT

ISSUE 54 Monthly

A FREE TRUTHPAPER

www.thelightpaper.co.uk

The unconscious takeover of our minds

Our creativity can be antidote to totalitarianism Page 4

You're not alone

Millions now aware of the real agenda

IF

Millions attended freedom marches in London during lockdown. Photo: Crisis Garden

SUBSCRIBE – PLEASE SUPPORT US – DONATE – PASS ME ON

Rally cry to save the high street

Shop local and use cash or digital prison will emerge

by **NIALL MCCRAE**

A NEW year, and another wave of store closures beckons.

WHSmith, once a presence in every town centre, is withdrawing further outlets. According to the Centre for Retail Research, 2024 took a terrible toll on the retail workforce, with 170,000 jobs lost.

Thirty-eight major chains went bust, including Body Shop, Carpetright and Lloyds Pharmacy. Shoe Zone recently shut more of its cheap footwear shops.

But there is an abundance of Turkish barbers, Vietnamese nail bars, vape shops and cafes. Why is the very heart of our communities – the high street – in such serious decline?

1. **Online shopping**
   The covid-19 'pandemic' was used to take a giant stride towards the technocratic Great Reset. As a World Economic Forum video showed during the lockdown, in the near future, goods will be delivered to us by drone. You will not go out to browse and buy in shops, but order items through the virtual shopping place of the internet. Every Amazon order means another item left on a shop shelf. Vans delivering parcels to front doors result in 'closing down' signs on the high street.
2. **Parking fees and fines**
   Councils seem to be going out of their way to deter people from using their town centre. Not only have parking restrictions expanded, with increasing fees and extortionate fines, but in many towns the payment method has gone digital, requiring use of a parking app. For many, this is a barrier, but councillors don't care – they have targets to achieve.
3. **Out-of-town shopping malls**
   If you think councils are discouraging car use for 'green' reasons, ask yourself why those same local authorities have allowed US-style shopping malls to be built outside the town centre, with vast car parks.

This town is coming like a ghost town

4. **Higher costs**
   Small businesses are less able to absorb the ever-increasing costs of trading: energy bills, higher minimum wage and National Insurance levies, on top of inflated prices for stock. On April 1, 2025 the cut in business rate relief will disproportionately penalise independent shops, as they are mostly based in town centres, while the chains pay less in the corporate zone of the shopping mall.
5. **Bank closures**
   For the considerable number of people who prefer cash, widespread closure of banks makes spending money more awkward. Where I live in Sussex, all four major banks have gone in the last three years, leaving an ugly boarded-up vista in the middle of the town. 'Every day is a bank holiday in Bexhill', we say.
6. **Loss of public toilets**
   Councils are more focused on the contrived climate crisis than provision of basic services such as the public lavatory. Anyone with weakened bladder control, be they old or having a particular medical condition, may not take the risk. Yes, there are cafes everywhere, but why should citizens be expected to buy a coffee just to spend a penny?
7. **Charity shops**
   Small businesses selling clothes or books are trading at a hefty disadvantage. Some town centres now have more charity outlets than conventional shops. In the past, you might have found hidden gems, but today everything on the charity shop shelves is priced by internet check. Only mass-appeal items are sold, and the books and CDs in the Age UK branch are similar to those in the Red Cross and Scope.
8. **Soft on shoplifting**
   Shoplifting is worsening. In 'woke' California, it has been claimed that theft of anything worth less than a thousand dollars has been decriminalised, and, unofficially, the same applies here. Shoplifters act brazenly because there are few consequences. Pity the shopkeeper who tries to intervene and risks being charged with assault, if not stabbed.
9. **'Apartheid' pricing and automated tills**
   Supermarkets have two-tier pricing nowadays - a box of cereal, for example, may be priced at £2, but unless you have registered online for a loyalty card you will be charged £3. This pricing policy discriminates against the elderly and anyone concerned about digital surveillance. Alongside this ethically dubious practice are the electronic tills bearing the oxymoron of 'self-service'. In the past, going shopping was a social experience as well as a functional pursuit, but pleasantries exchanged with shop staff are replaced by a machine that berates you for putting an 'unidentified item in the bagging area'.
10. **Pervading gloom**
    'This town is becoming like a ghost town,' sang The Specials in 1981. But the recession of the early 1980s is nothing compared to the yawning gaps appearing on our high streets where the likes of Debenhams and Wilko have left empty premises. The decline is seemingly irreversible.

This destruction is deliberate. In the '15-minute city', only the denizens of inner-urban apartment blocks will access the town centre. Others will rely on whatever is provided in their district. Society is being atomised for a totalitarian purpose, with everything we consume monitored and our movements curtailed.

What can we do about it? Use it or lose it. Be principled and buy local. A greengrocer's carrots and lettuces may not last as long as the sprayed produce in the supermarket aisle, but they taste better. Milk from local dairies is dearer, but much more healthful than the watery, hormone-addled liquid that most people buy. You are what you eat.

Avoid the digitisation of every aspect of life. Reject loyalty cards, which are not really for your benefit, but a data harvesting tool.

Insist on human service at the checkout. Independent shops are more likely to welcome cash, and they don't do two-tier pricing.

Resist the Great Reset wherever and whenever you can. Somehow, we must warn fellow citizens that every time they pay by card or smartphone, or order a meal from Deliveroo, they are putting another brick in the wall of their own digital prison.

- ***https://cashisfreedom.uk***

TheLIGHT
Feb 2025 The Uncensored Truth

Distributed independently to remain fiercely free of the establishment we seek to hold to account.

Original content is Creative Commons, 2024. **thelightpaper.co.uk**
For all subscription issues, please contact:
subscriptions@thelightpaper.co.uk
For all distribution queries and pre-orders,
please email: **lightdistribution@mailbox.org**
For advertising enquiries, please contact:
ads@thelightpaper.co.uk

Editor: Darren Smith **Sub–editor:** Harry Wundas
Layout: mi.ki **Distribution:** Fifi Rose & Matt Smith
Advertising: Nicola Kelly **Subscriptions:** Ross & Rebecca Pename
Proofreading: Jerry R, Alan I, Stevie M, Tracy S, Shane F, David K

Special thanks to every one of our distributors and hubs who volunteer every month to bring you the uncensored news.

To keep our paper FREE is not free – you can help by ordering advance copies, donating or subscribing at:

https://thelightpaper.co.uk

'There is no such thing as public liberty without freedom of speech'

Benjamin Franklin

Media shunning euthanasia reports

by **JACQUI DEEVOY**

Only if these horror stories are wrapped up in tales more palatable will the national UK press consider publishing

Brian Davies, before and after the care home

GETTING the truth about the ongoing involuntary euthanasia in NHS facilities into the mainstream has been an uphill struggle.

Since early 2021, I've been asking editors and staff writers at UK national newspapers and websites to consider running this shocking and ignored story but, to date, they've not been interested.

Many times, I've pitched individual stories from relatives who've lost loved ones to deathly end-of-life pathways and protocols, but still no takers.

So last year, with the help of Gillian Broughton, one of the members of my support group, Relatives of Victims of involuntary Euthanasia, I decided to take a different approach.

During the course of our many conversations over the last four years, Gillian told me how her father Brian Davies, 86 when he died, was "abused, neglected and murdered" in a Merseyside care home in 2021. I'd tried to get mainstream editors to publish his heartbreaking story, but they didn't want to know. We had to come up with a plan.

Then, one day, as Gillian was telling me how her parents had won the postcode lottery but had died before they could spend their winnings, something clicked. A headline already forming in my mind, I had a feeling the Mail Online would go for this story. We would wrap the sorry tale of Brian's horrific and untimely demise in a more palatable story of an elderly couple who won the lottery.

The plan worked. The story was published, not only by the *Mail Online*, but also by the *Daily Express, the Daily Star, the Daily Record, the Daily Mirror* and the *Irish Mirror* (albeit under other journalists' names). Hundreds of readers picked up on Brian's death, making comments like, 'the lottery win isn't the main story here. What happened to the old man in the care home? How did he die?'

Daughter Gillian believes Brian was involuntarily euthanised. Gillian explains: "My dad Brian moved into a care home near Liverpool in September 2021 for respite while my mum Jean was having a hip operation.

"Late one night, he called me in great distress, saying they had 'done something' to him. While he was speaking, the care assistant snatched the phone from him and told me he was confused and not to worry. The next day, he was taken to Whiston Hospital by ambulance.

"I arrived at A&E about 11am, and was in total shock when I saw the state of him: he was severely dehydrated, so much so that his skin was peeling and his lips were cracked and dry. He had no glasses, hearing aids or dentures and hadn't been given his regular medications .

"I gave him some water then asked a nurse what he was being treated for. She said 'aspiration pneumonia caused by dementia', which didn't make sense to me.

"I went back the following evening. He was still in A&E – he'd been there for 18 hours. I found him in the same cubicle, hanging out the bed, shouting for help. The side tables had been moved out of reach so he couldn't access the water I'd left for him. I quickly took some photos, then I put him in a wheelchair and wheeled him out of the room. I was taking him home. I was followed by two angry nurses, shouting that they were reporting me to the police.

"I drove my dad home, made him a warm drink and put him to bed, where he slept peacefully all night. The next day, I got him antibiotics and rehydrated him. Then the police turned up, banging on the door. I didn't answer but captured them on camera.

"My dad sounded really wheezy the next day, so I took him to a different hospital – Wigan Infirmary. At first, he was treated well but, during a visit a few days in, I checked his bedside notes and discovered there were DNR (Do Not Resuscitate) and DoLs (Deprivation of Liberty) orders in place. He was also 'nil by mouth' and on a strong sedative.

"Ten weeks later, my dad was still trapped in that hospital. He was dirty, unshaven and withering away. I instructed a solicitor to help free my dad.

"This worked. He was transferred to a different care home in November 2021 where he was immediately classed as 'end-of-life,' despite the fact he was able to sit up and chat.

"In late December 2021, we were told that, due to a covid outbreak, the home was in lockdown and we could no longer visit. My mum, Jean Davies, 86, was so distressed at being isolated from her husband and soulmate that she became ill. She never recovered, and died the following June from a broken heart. My dad – still incarcerated in the care home – wasn't allowed to go to her funeral. He was distraught.

"I continued to visit him. One hot day in September, I found him in bed in a foetal position with the curtains closed. He was clearly drugged up. I raised a complaint with the care home and social services, and the next day I was banned from visiting him. I didn't see him for five weeks.

"At that point, I strongly suspected he was on an EOL pathway, so I contacted the court of protection. A date was set for a hearing. Three days after the hearing – where I received a gagging order – my dad passed away.

"I know now that the whole system is corrupt – the NHS, social services, the police, the ombudsman and solicitors. They are all covering up elder abuse. I got no justice for my dad, but that won't stop me fighting for it.

"I was so pleased when the *Mail Online* ran the story about my parents' lottery win, but unfortunately it was taken down a few days after publication as they received a complaint from a member of my stepfamily. I also think the readers were asking too many questions."

So concludes Gillian's sad story. In the *Mail Online* comments section, readers were more interested in what happened to Brian in the care home than in the lottery win, so I asked the editor whether the *Mail* would like to publish it. The reply was a brisk and expected 'no thank you'.

- ***Gillian's full story will be featured in Jacqui Deevoy's new book,* Murdered By The State*, and in an upcoming series of videos/documentary,* Unseen*:* *https://tinyurl.com/36t3hp22***
- ***Follow Jacqui Deevoy on X @jacquideevoy1 and R.O.V.E @ROVE598473***

The takeover of our minds

It's our subconscious that falls victim to propaganda

by **SERENA WYLDE**

Image: pd

MANY people wonder how politicians and health officials can continue to lie to us.

They lie on the grandest scale about the multiple assaults being perpetrated on the population's health, well-being and sanity in the past five years – despite all the evidence proving they have done so.

The answer is that after having lied for decades, particularly to themselves, few people are able to return to a commitment to truth. They become lost in the maze of their own falsehoods.

As pawns of the Great Reset, the minds of such people have effectively been taken over. In order to grasp how this is done, we need to understand that the brain employs two different modes of decision-making: unconscious and conscious.

Unconscious acting responds with learned behaviour patterns, such as locking our front door as we leave home, responding appropriately, if mechanically, to a neighbour's greeting.

Conscious thought is what we draw on to assess a situation and then think through our response, which requires greater concentration and mental energy.

Both modes of responding are necessary. The unconscious mode prompts us to jump out of the way of a vehicle hurtling towards us. It is also our default mode for carrying out many everyday tasks and, as such, conserves the high-octane mental energy of conscious thought which is reserved for the more complex problems that present themselves to us for a decision.

However, the unconscious mode sometimes reels off stereotypical patterns of action when reflection is called for, causing us to make mistakes. Individuals who are attuned to their intuition can often experience a gut instinct to slow down and pull back in such instances.

It is the automatic pilot mode that is vulnerable to propaganda messages in the form of continuously repeated slogans. Simple, metronomic catchphrases such as 'follow the science' and 'life-saving vaccines' embed themselves as learned, stereotypical responses. Their adoption is reinforced by the manner in which the brain selects words by association and regurgitates them.

Politicians, health officials and influencers who promote the slogans are rewarded by peer acceptance and career advantages, whilst others who mindlessly repeat them get their reward from social media likes and retweets. The process is identical to training a dog using treats as rewards for obedience.

If the brain continually selects the knee-jerk response that elicits a reward of social acceptance, rather than engaging in analytical thought, its capacity to operate outside of a reward system becomes compromised.

This is because the mind becomes geared to dopamine hits. Under this form of indoctrination, people are effectively turned into automatons.

The dismantling of language is another tool for limiting people's capacity to think. In evolutionary terms, language evolved in line with more complex ways of thinking and the requirement for a broader spectrum of words and idioms through which to express these thoughts and concepts.

Without access to a wide and nuanced vocabulary, one cannot form nuanced and precise ideas or concepts in one's mind, or illustrate them by way of communication to another. Therefore, impoverishing language has the effect of limiting original thought as well as constraining communication.

Language is stripped of its meaning, and with it, our ability to communicate effectively in a variety of ways.

Verbose officialdom assaults our senses with nonsensical-sounding governmental departments like Office for the Promotion of Strategic Partnerships for Sustainable Goals Initiatives; a title that deliberately imparts no meaning at all.

Personal everyday communications are reduced to AI-generated predictive text, abbreviations and emojis that require little input or thought. Symbols and jargon replaces normal speech. And authorities deploy words to reinforce lies. Invasive surveillance is called protection, dangerous medical interventions are called life-saving, and conning the public into a digital trap of fraud-prone, code-dependent transactions, is called convenience.

Words are torn from their roots and float aimlessly, like broken reeds on the surface of the water, or are heaped together like bags of refuse.

The result is that both the inclination and the ability to read are declining, and fewer people are able to use their language. Some UK universities have even dropped English Literature as a degree course, a subject that explores the human condition, invites contemplation and enhances communication skills.

Polymath researcher Sasha Latypova refers to Arnold Toynbee's history of the rise and fall of civilisations, which reveals that, as a civilisation comes to an end, people start marching to an identical drumbeat through a form of metronomic hypnosis, mimicking one another's speech for social acceptance, and performing meaningless rituals.

> Nothing is more feared by those who seek to rule the world than human creativity and social awareness

The good news, however, is that during these times, a creative minority emerges and rises to undermine the minority in power. And this pattern has repeated itself throughout history. In normal times, the creative minority are neither prominent nor influential individuals. But at these inflection points, they come forth and coalesce.

Michael Nehls, MD, PhD, author of *The Indoctrinated Brain*, writes: 'Nothing is more feared by those who seek to rule the world than human creativity and social awareness.' This is because finding ingenious solutions to problems is what creativity feeds and thrives on.

Latypova believes that the level of resistance shown during the panto-demic was an enigma to the oppressors, and especially the fact that every time they instigated a stratagem to censor and punish the resisters, the latter reacted with counter-stratagies.

She explains that the oppressors are spending huge resources through the tech companies to try to work out what exactly made certain people impervious to their mechanisms, but that they have few options left. And they are afraid their protection racket is losing traction.

Creativity is the divine inspiration that they cannot control because they do not understand it. But as composer Pyotr Ilyich Tchaikovsky said: 'Inspiration is a guest that does not willingly visit the lazy.'

It is within everyone's gift to nurture an independent mind by applying discernment, and consciously choosing thoughtful communication over spoon-fed nonsense. AI is a tool to corral humans into pens.

Old ideology shapes world today

Frankfurt School paving way for 21st century tyranny

by **SHANE FUDGE**

THE Frankfurt School has gained a lot of attention in recent times as a noted long-term influence on the evolution and longevity of leftist politics.

The emergence of the school's critical theory has now emerged as having a powerful hold on not only party politics, but the current technocratic agenda.

Originally organised by the neo-Marxist Carl Grunberg as part of the Institute for Social Research in Frankfurt in 1923, the Frankfurt School was interested in the emergence of 'mass culture'.

While Karl Marx had argued that culture was itself a reflection of society's economic infrastructure, the Frankfurt scholars argued that this missed the complex dynamics of human psychology, the pragmatism of social relations and assumed the inevitability of revolution.

The associates of the school also highlighted the dark side of the Marxist-Leninist revolution in Russia and the rise of Nazism in Germany, arguing that both events suggested societies were driven by more complicated social, cultural, and economic forces than Marx had been able or willing to comprehend.

Adorno and Horkheimer's *Dialectic of Enlightenment* is perhaps the best-known work to have emerged during the school's heyday – a book which encapsulates the principal themes that the movement itself was all about.

Adorno and Horkheimer returned to Marx's ideas of alienation and exploitation but positioned these within the rise of the entertainment industry, and the growing ideological influence of the mass media, film, television and radio.

The culture of modernity itself, they argued, was the principal agent for manufacturing false consciousness. The culture industry, they argued, had subverted the original Enlightenment promises of universal liberation, instead giving birth to a society driven by manufactured wants, desires, and choices.

The masses had now been pacified, mollified, and ultimately depoliticised by consumerism, materialism, and technological distraction.

The use of Freudian psychoanalysis by Adorno and Horkheimer was a unique addition to their Marxian revision. Freud had argued that individuals – and by extension society – were driven fundamentally by unconscious drives and motivations.

Critical theory can infiltrate all thought processes. Artwork: pd

Adorno and Horkheimer suggested that the capitalist modus operandi now had a direct route into what makes people tick. Individuals no longer had to search for meaning when this could be readily packaged and sold to them via consumer goods and desired lifestyles. The authors argued that this manufacturing of culture enabled a state-corporate alliance to convince the masses that capitalism itself was the location of their liberation.

But the authors believed that capitalism destroyed any of the critical thought capable of challenging the system. The alienation of individuals and groups, highlighted by Marx, had resulted not in the overthrow of capitalism but in the antisemitism of Nazism and similar psychological projections, targeting minorities in societies where recession, hardship and poverty were the lived experience.

Mass society had engineered a largely unconscious society, where the internal contradictions of capitalism were expressed, not as class-based political action, but through endemic pathologies such as racism, misogyny, patriotism, and materialism.

Fellow Frankfurt School associate Herbert Marcuse makes the same point in *One Dimensional Man*, where he argues that capitalism had normalised and solidified efficiency, profit and productivity, obfuscating natural human relations and the innate potential of individuals behind the dominance of instrumental reason.

Marcuse observed that the evolution of the capitalist system had proven itself over time to be inventive enough to suppress challenge or dissent. The expansion of welfare provision in western capitalist societies has, for example, enabled the state to smooth out the boom-and-bust cycle of markets for the most vulnerable, offering the impression that the government cares for its citizens' wellbeing.

In reality of course, the original 'cradle to grave' NHS/welfare provision was, from the start, drawn from tax and employee national insurance contributions.

What social and political impacts the Frankfurt School scholars anticipated in regard to future trends in both the social sciences and in mainstream politics is difficult to fully ascertain.

Theodor Adorno was more concerned with highlighting oppression in his writing, teaching and research. Adorno himself distanced himself from the activist element of the school. Marcuse, on the other hand, in the spirit of Marx, was rewriting the communist manifesto for a new age of activism.

He had quietly observed philosopher Antonio Gramsci's suggestion that it is the control of information and ideas which guides the ideological direction of society, and that revolution would involve the long-term intellectual capture of society's institutions.

Beginning with the elite universities before moving onto the mass media, corporations and then mainstream government itself, this would become 'the long march through the institutions'.

Marcuse was already highlighting 'culture as oppression' in his own university lectures and public talks. One of his students, Angela Davis, became a highly influential communist revolutionary as part of the Black Panther Party. More recently, she has been a part of the Occupy Wall Street and Divestment movement.

Many of Marcuse's other students themselves went into highly influential positions in academia and their current influence in higher education, the corporate world, and in government, has never been higher.

While there have been other notable influences on the revamped or 'progressive left' – the Tavistock Institute, the Fabian Society, and the British School of Cultural Studies in the UK for example – there is no doubt that the Frankfurt School's argument that 'oppression is everywhere' has turned out to be a more than useful tool by which the rulers have been able to strengthen the alliance between radical left socialism and corporate power.

It has been used to galvanise and divide in-group/outgroup factions – and to use oppression, victimhood, and injustice as political tools which can be leveraged around ulterior agendas. The mainstreaming of racial equality, transgenderism, and the role of environmental fundamentalism ultimately support a master narrative'.

This is anything but equitable; rather, a means by which the rulers are engineering people into the new behaviours, values and beliefs required for their final agenda.

- ***Sky News: Riots and the far right: The global network behind the violence: https://tinyurl.com/2v9ruj3a***
- ***Internet Archive: Dialectic Of Enlightenment Theodor W. Adorno, Max Horkheimer: https://tinyurl.com/mu4wu7pz***
- ***Online PDF: One Dimensional Man: https://tinyurl.com/bdcw2saj***

Farming's chemical cover-up

Insider's shocking testimony a hot potato for regulators

by **RICHARD BRUCE**

FROM the 1950s, farm grain stores were being treated with insecticides to prevent infestation by mites and weevils, etc.

Despite this, sometimes the grain still became infested and required specialist treatments with dangerous chemicals. Such grain was usually used to feed animals.

With severe infestations, government advisers recommended that the grain itself should be treated with those chemicals as it entered the store during harvest.

There followed reports of workers being poisoned by those chemicals, and I suffered transient effects every year as the chemicals were applied.

I was then exposed to an illegal mixture of two of those chemicals which had been used months earlier to spray a grain store of wheat for human consumption.

That forced me to further investigate those chemicals and how they were used. I was shocked to see the chemicals were used regularly on wheat, barley and oats for human consumption. One local farm added a quarter of a tonne every year.

More shocking was finding that the chemicals do not break down rapidly as claimed, and that no one knows the dangers when mixed together or heated, as in cooking.

I raised my concerns with NGOs, regulators, our government and the EU. None were interested, and an MP wrote that if any chemical was found to harm human health, the government would not hesitate in banning it.

There were, it seemed, no problems with the use of the poisons, but increasing numbers of people were expressing concerns about pesticide residues in food.

More were suffering adverse effects, including relations of very influential people. In 1997, a farm worker was proven in the High Court to have been made permanently ill by exposure to just one of those chemicals, yet it remained approved for use.

In 1998, the first edition of *Tomorrow's World* magazine published an article about the problem titled, 'What's your Poison?'

In December's 52nd edition of *The Light* there was a very long list referring to chemicals that we eat in our food, but not including the dangerous pesticides which have been deliberately added to our food for decades.

Nor was there mention of the systemic organophosphorus compounds, glyphosate, malathion, pirimiphos methyl, chlorpyrifos methyl, bifenthrin, and a host of others.

Despite every effort over three decades, it seems no so-called investigative journalist will dare touch this particular hot potato [until now? - Ed.]

Way back in 1997, the U.S. Environmental Protection Agency called for an immediate ban on the organophosphate poisons used on food crops, but no action was taken.

Pesticide action group PANNA is belatedly calling for that ban now but in the U.S., unlike Europe, the poisons were not mixed with harvested grain. They are present, not as residues from crop spraying, but deliberately added to the food.

The UK Food Standards Agency wrote that this is not a food safety issue. No doubt the 'experts' will tell you such things never happen.

My advice is not to listen to those whose interests are in hiding the truth, but to those who did the work and were badly affected by the poisons.

To find out which illnesses are caused by these poisons, read *Basic and Clinical Toxicology of Organophosphorus Compounds*, ISBN 978-1-4471-5624-6. published by Springer New York 2014.

If you are not concerned, be aware that you too are slowly and deliberately being poisoned by these chemicals.

UK governments protect the chemicals rather than the consumers, and have been hiding this issue for decades.

- ***Tommorows World 98 Online PDF: Whats your Poison?: https://tinyurl.com/3jxfknzn***
- ***Basic and Clinical Toxicology of Organophosphorus Compounds: https://tinyurl.com/4h6dn6nx***
- ***Overexposed Online PDF: https://tinyurl.com/mtzbku2n***

Farming for a healthy future

Mark the Bowler Hat Farmer and Jon Cook are fighting back for our food

***JON COOK** runs a small family farm near Swindon, producing raw, grass-fed milk using the cow-calf model. Their calves stay with their mothers – essential for ethical and healthy farming. They also raise 100 per cent grass-fed beef, milk-fed pork, honey, and eggs – all sold directly from their farm shack. Producing nutrient-dense food while fostering a genuine connection between farmers and the local community has always been Jon's focus.*

***MARK BYFORD**, aka the Bowler Hat Farmer, has developed a change to conventional fruit and vegetable growing in Bury St Edmunds in the heart of Suffolk, by looking back at what the terms 'organic', 'natural', 'sustainable' and 'wholesome' actually mean, thus informing their growing strategy, including electro culture, hydroponics, biodiversity of soil, natural composts and fertilisers made on site – to name but a few.*

TL: What do you each see as the core issues threatening a free and healthy future for our farms and farmers?

MB: It seems as if a calculated attack on real food production has been underway for a long time. We have seen the removal of the knowledge of how to grow, save seeds, the natural rhythm of the seasons, or even how to preserve food – all things that were taught in schools. This has allowed the development of processed foods to sadly be accepted as the norm. Big Farmer and Big Pharma have been allowed to manipulate the markets, education and advertising; and with supermarkets they are delivering a dark agenda.

JC: One of the biggest threats is the disconnect between consumers and the origins of their food. Industrial farming, driven by profit over ethics, prioritises cheap production at the cost of quality, nutrition and animal welfare. Meanwhile, policies often favour large agribusinesses over small-scale, sustainable farms. Add to this the pressure of over-regulation and the push for synthetic solutions – such as lab-grown meat – and you have a system that marginalises traditional farming methods.

TL: Tell us about the initiatives you're each involved in to help bring about this much-needed healthy future for farming?

MB: The biggest form of satisfaction we've found from growing is how customers in our farm shop here on site love the taste, and talk to others about their experiences. We embrace interaction with the public, and encourage them to get involved with us on growing and animal welfare on the farm so they truly understand what's involved in delivering their food. Education is key to building a better food system, one that's built on honesty and integrity, while accepting the old and embracing the new practices. We are working on a tour that through 2025 and 2026 will see us speaking all over the UK, advising both the public and farmers on how we make that transition to a new food system with tasty, natural, sustainable, nutrition-dense food at the heart of it.

JC: On our farm, transparency is key. We encourage the local community to visit and see exactly how their food is produced. Our cow-cuddling experiences are a way to connect people with the animals, and educate them about ethical dairy farming. We also avoid practices that compromise the natural health of our animals, such as feeding cereals to cows. Cows are ruminants designed to thrive on grass, and feeding them grains can lead to digestive problems and lower the nutritional value of their milk.

Jon Cook (left) and Mark Byford (right)

Through direct sales at our farm shack, we maintain control over pricing and quality, cutting out middle-men who undervalue farmers' work. By building relationships with local customers, we show the importance of supporting small farms for both economic resilience and food security.

- ***Jon and Mark will be keynote speakers at the* Supporting Farmers for Food Security *one-day event in Gloucestershire in March, chaired by UK Column's Charles Malet (see below for booking details).***

Research resources

- **The Food Finders Hub:** foodfindershub.co.uk
- **Mark Byford's website:** thebowlerhatfarmer.com
- **Mark Byford with Richard Vobes:** Connecting communities with local farms: tinyurl.com/tpdw9chn
- **Katherine and Mark:** 'GUARD THE GATE – Are the government coming for our food?': tinyurl.com/b298xy6s
- **Mark on YouTube:** tinyurl.com/u8kx5hk3
- **Jon Cook:** 'Raw Truth: Unadulterated milk and food security' - UK Column: tinyurl.com/4x88xpxn
- **Peyton Principles Natural Health, Podcast 21:** 'The Raw Truth About Milk - Jon Cook's Journey from Farm to Health': tinyurl.com/23j49d6b

Subscribe and support us at https://thelightpaper.co.uk

Pfizer's crimes against humanity

by **RICHARD HOUSE**

Co-editor of the recently published *Pfizer Papers*, **Amy Kelly**, interviewed by **Richard House**

Amy Kelly is the COO of DailyClout and the former programme director for the WarRoom/DailyClout Pfizer and Moderna Documents Analysis Project. She oversaw 3,250 volunteers who reviewed, analysed, and reported on the court-ordered, FDA-released Pfizer and Moderna clinical trial documents.

Amy Kelly and *The Pfizer Papers*

RICHARD House [RH]: How did this extraordinary new book come about? Tell us briefly about the nature of the enormous project of which *The Pfizer Papers* is the product.

Amy Kelly [AK]: In January 2023, volunteers continued analysing new batches of the FDA-released Pfizer and Moderna clinical trial documents.

It didn't take long for there to be enough reports for a second volume. Skyhorse Publishing expressed interest in publishing a book of the reports, and DailyClout submitted the manuscript for review. Skyhorse decided it did, indeed, want to publish 34 of the reports. All of the reports arose out of the WarRoom/DailyClout research volunteers analysing the clinical trial documents, identifying important findings in them, researching other medical literature to see if there was additional support for those findings, and then writing reports. With Dr Naomi Wolf's assistance, I edited the reports to ensure they were fully cited, and to make them more easily readable for lay people.

RH: What were the necessary conditions that had to be achieved for the project and the book to come to fruition?

AK: Steve Bannon and Dr Wolf made the project possible when they announced the start of the FDA releasing the documents, and put out a call-to-action on Mr Bannon's WarRoom Pandemic show, asking for volunteers to go through the documents. Dr Wolf let her business and website, DailyClout, become a portal for volunteer sign-ups, and her team began organising the volunteers into groups and teams.

She soon realised that a project of this scope needed someone to oversee it. I signed up as a volunteer and listed my extensive background in project management and process improvement on the sign-up form.

Soon after volunteering, I got a call from a person in DailyClout leadership asking if I'd be interested in coming on board to manage the project full-time. I accepted and began overseeing the volunteers, assignment of documents for review, selection of report topics, and the editing and online publication of reports. The publication of the reports, along with the huge amount of time Dr Wolf put into doing media appearances to bring the findings to the public, precipitated the opportunity to have a subset of the reports published as a book.

RH: What in your view are the most shocking findings of your project?

AK: To me, one of the most shocking findings is that women suffer adverse events post-mRNA covid vaccination at about a 3:1 ratio, and that is true for almost every type of adverse event from these particular vaccines. Additionally, human reproduction-related adverse events are wide-ranging, often devastating, frequently not easily resolvable, and affect both females and males. The significant drop in birth rates in most Western countries at nine or more months after the mRNA vaccines' rollout has also been horrifying.

In addition, it was appalling to learn via FOIA-produced documents how the US Centers for Disease Control & Prevention (CDC), the US Department of Health and Human Services (HHS), the Food and Drug Administration (FDA), the White House, other government or government-affiliated, and Big Pharma entities and persons actively worked to suppress the truth about covid vaccine-related myocarditis and pericarditis. The U.S. government knew about those heart-damaging adverse events in early February 2021, and waited until late May 2021 to publicly acknowledge it. During the time of their delayed announcement, millions more Americans took covid vaccines without being informed of those potential side-effects.

RH: Can a corporation like Pfizer really get away with such a monumental crime against humanity?

AK: Yes, it can, at least in the United States. There are laws in America that offer vaccine manufacturers, as well as almost all other entities and people involved in bringing vaccines to market, broad legal immunity.

Those laws – namely, the Public Readiness and Emergency Preparedness (PREP) Act and the National Childhood Vaccine Injury Act (NCVIA) – make it incredibly difficult to hold companies like Pfizer and Moderna accountable for their wrongdoings unless one can prove wilful misconduct.

Wilful misconduct under the PREP Act refers to actions that demonstrate a deliberate or intentional disregard for the safety and rights of others, resulting in harm. Also, the covid-19 'vaccines' are considered 'covered medical countermeasures' in the U.S. and have their own vaccine injury compensation programme, the Countermeasures Injury Compensation Program (CICP). In my opinion, CICP is set up for the government, not the injured, to win when claims are filed.

RH: What are your hopes of Robert F. Kennedy Jr having a key role in the new Trump administration; will, and can, anything change, and if so, what?

AK: I'm so pleased that President Trump has appointed Robert F. Kennedy Jr. as HHS Secretary, and I hope he will be confirmed by the Senate.

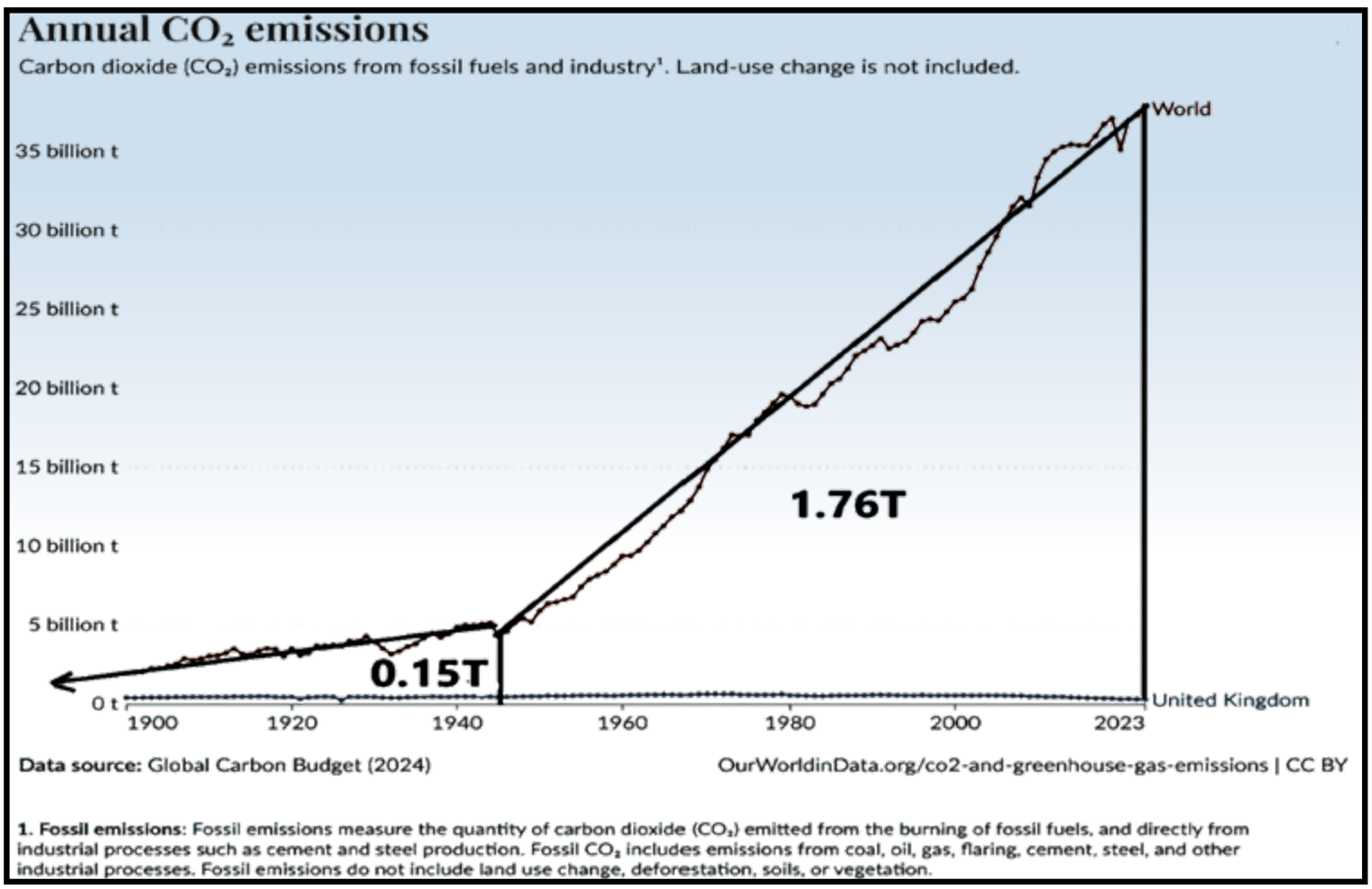
He's extremely well-informed about vaccines and their side-effects, as well as about the machinations of Big Pharma. Because of his deep knowledge, he knows the changes that need to be made, as well as who to hire to help him make those changes.

First, I hope he cleans house at HHS. For HHS to be successful and effective going forward, it needs a huge reset to clear out career public-health government workers who have lost their way and become partisan activists masquerading as public-health professionals. Another of my biggest hopes regarding his appointment is that he will work to ensure that the PREP Act and NCVIA are abolished so that drug manufacturers will be held fully accountable for the effects of the drugs they offer publicly. I also hope he shines a very bright light on the toxic ingredients in so many American foods and drinks, as well as push for truthful, far-reaching nutritional education in American schools.

The next generations must be well-informed for real change to take hold and continue.

- ***The Pfizer Papers: Pfizer's Crimes Against Humanity:*** ***https://tinyurl.com/ycn3n3pc***
- ***Book foreword by Dr Naomi Wolf:*** ***https://tinyurl.com/5aybyykx***
- ***'What's in the Pfizer Documents?' by Naomi Wolf:*** ***https://tinyurl.com/u3r6jwz8***
- ***Review of The Pfizer Papers, by Peter & Ginger Breggin:*** ***https://tinyurl.com/3xntterp***

Air-tight argument on carbon dioxide



CO2 emissions have increased but still only amount to 0.6% of the oceans' capacity to absorb gas

by **DAVID A HUGHES**

Oceans make waves in man-made climate change debate

OVER the past 250 years, as we have burned coal, oil and gas, we have generated about two trillion tonnes of carbon dioxide.

Most of this was dumped directly into the atmosphere, which contains a total of some 3.5 trillion tonnes. Yet measurements of carbon isotopes in the atmosphere show that less than 700 billion tonnes (‹ 20%) is man-made. Therefore at least 1.3 trillion tonnes of all the carbon dioxide we have produced has disappeared from the atmosphere.

Let's investigate the possible ways in which this huge amount of carbon dioxide could have found its way out of the atmosphere.

The atmosphere is bound above by space, where only the very lightest gases, such as hydrogen and helium, are being lost at a significant rate. The loss of heavier gases such as carbon dioxide is exceedingly slow, so we can rule out that it might have escaped into space.

The lower boundary includes rocky parts of the earth's crust, living objects and bodies of water. All of these interact with carbon dioxide and with one another, depending upon the physical conditions, such as light levels, temperature, pressure and humidity.

Carbon dioxide can react with some rocks on the earth, but here the processes are very slow, mainly because these reactions have always been going on, and for the most part, places that would attract carbon dioxide have already been filled.

Vegetation plays a significant role in processing carbon dioxide from the atmosphere. Some carbon dioxide from vegetation is returned to the atmosphere relatively quickly by decay, feeding animals and burning. It can also be locked away, for instance, in the wood of trees for hundreds of years. However, all living objects eventually return most of the carbon they are composed of to the atmosphere, primarily in the form of carbon dioxide.

There remain bodies of water to consider, the most important being the oceans simply because of their size. The interaction between the atmosphere and the oceans is a continuous process taking place over the surface of the earth. It includes components from rivers and lakes that eventually feed into the oceans. The interaction depends upon the temperature and pressure at the water-air boundary.

This process is often illustrated by taking a bottle of soda water from the refrigerator and opening it. First, there is a rapid release of carbon dioxide as the cap of the bottle is removed. This release occurs as the pressure inside the bottle is suddenly reduced to atmospheric levels. If the contents are then poured quickly into a glass, more bubbles of carbon dioxide are released because a greater area of liquid is exposed to atmospheric pressure as droplets fall and agitate the liquid.

As the liquid warms up, more carbon dioxide is released. There is also a long-term phase because the liquid still contains excess dissolved carbon dioxide compared with its equilibrium concentration relative to the atmosphere. Over several hours or days, the excess will be released into the air until a balance is reached between the carbon dioxide in the glass and that in the air: the fizzy drink goes flat.

These events are mirrored in the maintenance of the balance between atmosphere and oceans. Through the year, the atmosphere experiences weather with high and low pressure systems passing over the oceans, causing the sea to absorb or release carbon dioxide, depending on the type of weather system nearby.

In summer, as the oceans warm, they release carbon dioxide into the atmosphere. In winter, as they cool, they absorb carbon dioxide. Each year these effects cause the exchange of about one fifth of the carbon dioxide in the atmosphere with that from the oceans.

This exchange, in turn, causes a dilution of atmospheric man-made carbon dioxide, since less of it is returned from the oceans. The difference between the amount that is absorbed and that which is released by the oceans is roughly equal to the amount of man-made carbon dioxide that we dump into the atmosphere each year, thus maintaining the total in the atmosphere more or less constant. This balance was discussed in the article 'Stop the Climate Swindle!' in *The Light* 46.

The oceans hold up to 350 trillion tonnes of carbon dioxide; one hundred times as much as the atmosphere. Our total of two trillion tonnes of emissions over the past 250 years amounts to less than 0.6% of the capacity of the oceans, and our present annual contribution of some 35 billion tonnes amounts to one hundredth of one percent (0.01%).

In other words, it would take thousands of years for our emissions to make any significant impact on the carbon dioxide content of the combined atmospheric and oceanic system.

At least 1.3T (65%) of the 2T of carbon dioxide that we have produced is now mainly in the oceans, with some held temporarily in other sinks. The remaining 700B is maintained in the atmosphere as part of the annual exchange with the surface layers of the oceans and with other sinks.

Blurring lines of gender in school

by **NIKKI GOVIER**

It's a worldwide mission to subvert natural social and behavioural norms

AS a grandmother, and someone who has concerns regarding the world the younger generation will inherit, I am responding to the 'Feminine and Masculine Energy' article in last month's *The Light*.

It makes the point that around the same time as the covid tyranny was exposed, there was a 'sudden obsession with transpeople' and that this was a 'successful divide-and-rule ploy'.

Many people, now having had their eyes opened to the multiple lies they whavr been fed over the years, said 'enough was enough'.

Teaching children a man could be a woman or have a baby was a step too far, in my opinion, as was allowing biological men into women's changing rooms and sports.

I also believe insisting that everyone be compelled to address a 'he' as a 'she', in blatant disregard of biological reality, was to accept insanity.

Most trans women probably want to quietly get on with their lives, but the unsavoury truth is that there are men who dress as women to satisfy sexual fetish (autogynephilia).

I've read several of psychiatrist Carl Gustav Jung's books and I agree with the concept of anima and animus.

In fact, I consider myself to contain a large dose of masculine energy, but does this mean I need to outwardly manifest this by calling myself Dave, sporting a fake moustache and using the gents' toilets?

The piece talks about 'mass-managed hierarchical societies' and that these cause problems for sensitive, more gentle men. This was certainly the case in the UK for many generations, but it hasn't been for some time.

Long gone are the days when rigid expectations are put on men and women according to gender. For example, girls can now play football and rugby in school. In my day, we were restricted to netball, sewing and cookery. Definitely no woodwork or rough sports for us.

I agree that state schools are mostly about ideological indoctrination, but I believe driving the LGBTQ+ agenda in classrooms is a mission to subvert and corrupt truth.

Drag queen story time. Photo: Redoubtnews.com

In the 2021 UK and Wales Census, 44.9 million people answered the voluntary question regarding sexual orientation. And 89.4 per cent of people (over 16) identified as heterosexual, 1.5 per cent as gay/lesbian, 1.39 per cent as bisexual and 0.3 per cent as 'other'.

And yet there is a massive drive to put LGBTQ+ people in positions of power and influence, shaping policies in government, education, sports, healthcare, etc.

Look into the Pink List (now rebranded the Rainbow List) which is a list of influential LGBTQ+ people. In Wales, it's spelt Pinc, and for several years, *The Western Mail* has been dedicating pages in one of its Saturday supplement magazines to the 'movers and shakers' in the LGBTQ+ movement.

In 2020, the cover sported a rainbow-hued clenched fist raised in victory. Interestingly, this was the very year we were bombarded with the rainbow symbol in mainstream media to support the NHS cult.

It was the symbol we were told to use to represent the heroic, selfless workers in the NHS during covid. Children were encouraged to draw rainbows and put them in their bedroom windows to show gratitude and support.

I knew that the children were being brainwashed into associating the rainbow with good, kind, caring people and that it would soon morph into the rainbow flag; I was proven correct.

Even my local bank's cash machine screen display changed from rainbow ('we support the NHS') to rainbow flag ('we support Pride') in a short space of time.

In Wales, the Sex and Relationships Education curriculum was overhauled in 2017 at the behest of a Prof. Emma J. Renold, who was granted an astonishing amount of influence.

Here is one of her quotes: 'The heteronormativity [the idea that heterosexuality is the standard sexual orientation and that people should conform to traditional gender roles and relationships] of gender relations is certainly ripe for some "gender trouble" and some of this work is well under way…radically disrupting a range of gender and sexual truths in what might be more fittingly described as the hetero/formative years.'

Previous to children starting school, we have Drag Queen Storytime being rolled out across the western world. I recommend people read *Drag Pedagogy: The playful practice of queer imagination in early childhood* by Harper Keenan and Lil Miss Hot Mess.

You can download it for free online. A couple of quotes from it: 'Drag should always be about disrupting norms and upending the status quo,' and 'camp is politics. It can be fun and games, but it's also a way of reconfiguring the world in the way we want it to be.'

Did you know that in 2014, drag queens won the legal right to go by their preferred names on Facebook, therefore not having to reveal their true identities?

Did you also know there are books in our local libraries aimed at under-5's with titles such as *Bye Bye Binary* by Eric Geron and *She's my Dad* by Sarah Savage?

There is a great deal more that I could write on this subject, but I recommend readers ask themselves how much they really know about this movement, its origins and the real reason it is pushed bu corporations and governments.

I've listed below a couple of documents which should be read very thoroughly, including the links they contain.

Far from there being a contrived moral panic and a deliberate distraction from the real issues, I respectfully argue that there is a deliberate sexualising and queering agenda being foisted on the young and impressionable, in order to disrupt society.

It is being forced on us from above. It is not a grassroots movement and there is a huge amount of evidence to support my claim.

Evidence of top-down approach to trans education in schools

- ***WHO Regional Office for Europe and BZgA: Standards for Sexuality Education in Europe:*** ***https://tinyurl.com/yhtvafzn***
- ***An introduction to supporting LGBTQ+ children and young people :A guide for schools, colleges and settings (produced by Stonewall):*** ***https://tinyurl.com/mr2af4yr***
- ***The curriculum for Wales - Relationships and Sexuality Education Code:*** ***https://tinyurl.com/5buzsf3j***

Education system failing families

by **CATHERINE ANDREWS**

Special needs pupils being shut out from the extra help they require

IN spring 2024, the number of children absent from English mainstream or specialist schools rose to 7.2 per cent, up from under five per cent pre-pandemic. Contributing factors include increased anxiety and disengagement, along with a rising number of children with Special Educational Needs and Disabilities (SEND) whose needs are unmet.

An Education Health Care Plan (EHCP) is often the only way to ensure children receive the necessary support. These plans are legally binding and last until the child turns 25. By June 2024, the statistics for SEND in English schools were:

- 1.67 million children (18.4 per cent) had SEND, up from 17.3 per cent in 2023
- 434,354 had an EHCP (4.8 per cent), up from 4.3 per cent in 2023
- 1.24 million children (13.6 per cent) were on SEND support without an EHCP, up from 13 per cent in 2023

The December 2024 Institute for Fiscal Studies report highlights that the rise in EHCPs has largely been driven by increases in autism spectrum disorder (ASD), social, emotional, and mental health needs (including ADHD), and speech, language, and communication difficulties. These trends are seen globally in high-income countries.

Several factors contribute to this rise:

- Long waiting times for mental health services in England
- Increased anxiety among children post-pandemic
- Schools' insufficient budgets to meet SEND needs without EHCP funding
- Lack of specialised expertise in schools
- Pressure on children to meet academic standards
- Family financial difficulties
- Negative effects of social media on mental health
- Global issues like political instability and climate concerns

Photo: Taylor Wilcox

Despite a £1bn funding boost in the Autumn Budget, the Institute for Fiscal Studies warned that local authorities could face an £8bn deficit by 2027 if high-needs funding remains unchanged. It says meaningful reform is necessary, but it will be complex and costly. It may require reducing the statutory obligations tied to EHCPs, though this would be challenging to implement.

The current SEND system regularly fails to meet children's needs, leaving many unable to access an appropriate education.

Mental health support is rarely available through Child and Adolescent Mental Health Services (CAMHS) (see recently published STADIA trial, published in the Journal of Child Psychology and Psychiatry) and extreme symptoms of withdrawal, self-harm or violence towards parents are common.

Reform is urgently needed to focus on children's mental health and wellbeing, with an emphasis on equality and support for all, especially those with SEND.

The Labour government's new attendance policy, which threatens fines and criminal records for parents, further exacerbates the issue. Many parents feel forced to deregister their child and 'electively' home educate (EHE) to avoid penalties.

Lawmakers working on the Children's Wellbeing and Schools Bill need to understand that the rise in numbers of children with SEND who electively home-educate is largely being driven by parents responding in desperation and despair to their children having been failed at school.

Our son, Rowan, now 14, struggled significantly after transitioning to secondary school in September 2022, aged 11. Despite accommodations from the school, he felt unsafe, unsupported, and overwhelmed, leading to severe anxiety and depression. We believed his needs would be supported, but it became clear that support wasn't forthcoming.

Section 19 of the Education Act 1996 states that local authorities must arrange alternative education for children who miss 15 days or more of school. Despite this, we received no appropriate support for 16 months, and only part-time support (up to 10 hours) has been in place since.

The EHCP process is long, complicated, and frustrating. Despite Rowan being totally unable to attend school, we were refused an EHCP assessment. After a successful appeal, we then applied for an EHCP. Another appeal later (after a refusal to issue) and we finally received an EHCP in July 2024, five months earlier than expected.

During this process, in October 2023, a private mental health assessment was carried out by psychiatric nurse Lavinia Dowling of M-Word, who advised that Rowan was unable to attend mainstream school and needed an EOTAS (Education Otherwise Than At School) package for at least two years, to support his recovery from school trauma. This report has largely been ignored by the local authority and after requesting EOTAS in November 2023, we are still waiting.

We are requesting EOTAS again as part of the current EHCP appeal and have a hearing date of December 2025, marking three years of inadequate provision.

The emotional and financial toll of having a child who cannot attend school is immense. Many parents are unable to work due to care-giving duties and - with benefits low compared to the cost of living (carer's allowance is only £11.70 per day) - they are often pushed into financial crisis.

Our experience is not unique. The Facebook group Not Fine in School: Family Support for School Attendance Difficulties has grown from 45,000 to over 68,000 members in just two years, with many parents facing similar challenges.

Despite these hurdles, Rowan is recovering. We dropped all other demands to support his mental health. He eventually chose to engage in activities like drama, tennis, music, and sailing. Rowan has even shared his journey of recovery (see below).

Urgent reform is needed to ensure children with SEND receive the support they deserve. The current system is failing many children, and families are forced to endure lengthy battles to access basic education. Change is essential to create a system where every child, regardless of their challenges, can receive the education and support they deserve.

A paradigm shift is needed to prioritise mental health, autonomy and equality, valuing practical and creative skills alongside academics. Families and children's voices need to be heard.

We need to collectively speak out and advocate for concrete actions to be taken to build a system that allows all children to reach their full potential and thrive.

- ***Gov.uk: Pupil absence in schools in England: https://tinyurl.com/y5sxtp93***
- ***Absence rates will stay high until the Covid-19 generation leaves secondary school: https://tinyurl.com/7b3ktdzc***
- ***Spending on special educational needs in England.pdf: https://tinyurl.com/3zc4yyv9***
- ***18.4% with SEND in 2024, and girls are increasingly suffering: https://tinyurl.com/4bhxz66k***
- ***Many children and young people with diagnosable mental health disorders are not receiving timely help: https://tinyurl.com/4f2492y7***
- ***The Children's Wellbeing and Schools Bill: https://tinyurl.com/zufbxcbr***
- ***The SEND system is not broken. It's doing its job: https://tinyurl.com/4hxz6v69***

Fragrance the new F-word

by **DAWN MATTOCK**

OVER the last 80 years, there have been over 100,000 synthetic chemicals added to the world.

Unless you are taking conscious steps to avoid, or have mastered the art of being able to survive without breathing, you are forced to live in a toxic soup of chemically 'fragrant' air from conception to death.

Tests have revealed babies' umbilical cord blood having contamination of 287 chemicals, many linked to cancer, birth defects and toxicity to the brain.

We are polluting our indoor environments for everyone – our children, our pets, our most vulnerable – from the minute we wake up until we go to sleep.

It's just a little bit of fragrance
- in your soap
- in your perfume
- in your hairspray
- in your body wash
- in your deodorant
- in your air freshener
- in your window cleaner
- in your washing-up liquid
- in your laundry detergent

When does 'just a little bit' become too much for any human body to handle, particularly a child, baby, or the sick?

If there was an instant reaction to any single product, in many ways it would be so much easier.

We could easily make the direct connection and tell ourselves to find an alternative.

However, reactions can be delayed and accumulative, many building up over days or weeks, and negative reactions can then occur when a person's threshold has been reached.

It's less a matter of if you are affected by these toxic chemicals and more a matter of when and how you will be affected.

Some individuals who consider themselves lucky and unaffected may be storing these toxic chemicals in their fatty tissues, where they quietly accumulate over the years, unfortunately eventually resulting in chronic diseases like cancer.

Others, who some consider unfortunate, react immediately as their body attempts to detoxify and eliminate by coughing, chronic throat clearing, sneezing, etc.

One thing for certain is that toxic harmful chemicals are not good for you, your family or pets.

Anyone who has health issues should really consider trying to remove these as a precaution. Health and immunity can improve dramatically, and some chronic conditions have even been reported to be resolved completely by simply avoiding products containing the term 'fragrance'.

Fragrance or parfum can seem like the most innocent and understandable of the long list of ingredients on the side of many products of unpronounceable names that look like you need to be a scientist to decipher.

Reassured in being able to at least pronounce and recognise this word, we often do not give it a second thought. It seems innocent. If only it was just a small extract of fresh flowers like the word suggests. But unfortunately, it can represent hundreds of chemicals - secret, unlisted, undisclosed and untested for safety. And many are causing troublesome, negative effects.

It is no good asking manufacturers what exactly is in this fragrance: you will find it is a trade secret. I wonder why?

You may decide this is not a big enough issue for you to personally make changes for, or that it is impossible to control.

But remember, we all share the air in our homes; we can control it here and it may be worth considering someone you live with – a person or pet – who may be experiencing negative health issues and who could be affected. Is it worth trying for them?

It's a relatively easy step to try fragrance-free products and less inconvenient than many other drastic steps we often take nowadays.

There are countless diets we are encouraged to make, but some of the simplest, quickest and most effective methods have been literally right under our noses all along.

Whether you are a canary and super alert to these chemicals or don't realise how your body reacts, let's put our health first and support non-toxic, fragrance-free products in 2025.

- ***www.detoxmeandmyhome.com***
- ***Stink! Watch free: https://tinyurl.com/53czxejf***

Shedding light on covid-19 inquiry

Conference to expose harm caused by government response

by **COMMON KNOWLEDGE**

A CAMPAIGN group in Scotland is hosting a public initiative aimed at exploring the government's responses to covid-19.

Common Knowledge Edinburgh is using the event to shine a light on the devastating impacts of these government responses on the lives of real people.

The conference aims to place the government measures in context, analyse the consequences using evidence from the official government covid-19 Inquiry (£29.7m spent so far), and discuss how those responsible can be held to account.

From March 2020 to December 2022, the Scottish public experienced profound and unprecedented changes to the provision and delivery of both health and social care.

This included restrictions on their freedom of movement and assembly. These measures constituted a strategic government response to covid.

The Scottish covid-19 Inquiry was a statutory public inquiry whose remit was to establish the facts of, and learn lessons from, this strategic response and ultimately provide reports to Scottish ministers.

Prof. Richard Ennos

During the first part of this inquiry, centred on health and social care, a wealth of evidence was gathered from the Scottish public about the effects of the government's response on the lives of real people.

The Common Knowledge conference will provide a platform for sharing these lived experiences so that the Scottish public can reflect on the lessons that they reveal.

The event aims to:

- Place in context the extraordinary and unprecedented measures taken by the Scottish Government in 2020-22. Were they justified? Responsible? Ethical?
- Hear personal experiences of those damaged by the measures as collected by the statutory government inquiry.
- Ask questions that must be answered, and review steps that must be taken to achieve accountability of those responsible.

Covid awareness campaigner Prof. Richard Ennos said: "The barely publicised Scottish Covid-19 Inquiry has revealed in graphic detail the immense damage inflicted on the Scottish people by the covid-19 measures implemented by their own government.

"Our conference will bring together a set of highly qualified speakers to question whether these measures were reasonable, justified or ethical. We invite you to join us on February 22 to share your own experiences and help develop concerted actions to hold to account those responsible for the harms that have been done."

Event speakers will include Dr. Claire Craig, Prof. Richard Ennos, Prof. Diane Rasmussen McAdie, Dr. Alan Mordue, Dr. Liz Evans, and Prof. Martin Neil, plus individual personal testimonies from members of the public and the audience.

Speakers will present on a range of issues, followed by a Q&A for each speaker. There will be testimony from the public and the conference will finish with a 'what will we do next?' session.

The Scottish People's Covid-19 Inquiry Conference is scheduled for Saturday, February 22 at Lauriston Hall in Edinburgh, EH3 9DJ.

- ***Register at: https://tinyurl.com/bdk9nmxa***
- ***Contact: commonknowledgeedinburgh@tutanota.com***
- ***https://linktr.ee/wercomknowledge***

LAST year, *The Light* and A Stand in The Park created a beautiful freedom music festival in the Lake District and 1,000 aware revellers came, camped, danced and raised their vibration and energy tenfold going into the summer.

We are looking forward to welcoming them again, and you – if you're up for four days of relaxed camping (in whatever you like to camp in, there's plenty of space), where you can chat about anything with anybody and laugh into the night.

We have three marquees of music and, also this year, there will be practical morning workshops on all kinds of things, from drumming and researching to bushcraft and health.

You can book glamping with West Coast Bell Tents (see Festival website) and you can also get a return coach from London for just £65, so there is no excuse not to join us.

We have invited the incredible Hope Sussex team back again this year to entertain, educate and otherwise enthral the children, and there will be bouncy castles galore.

We aimed to recreate the spirit of the freedom marches and rallies of 2020-22 and we succeeded – everyone who came had an amazing time and will happily tell you so.

Whether there is a large group of you or just you, we'll welcome you with open arms. You never know what connections you might make, and what amazing truth and freedom artists you may discover. See you there!

- ***Updates, info, latest news - https://standinthelight.uk***

Map of Activism

Meet and connect with other aware people near you

Dot locations NOT complete so check list for your town

If you have regular, local meet-ups, please let us know for the next one

(FB) = Facebook group
(T) = Telegram channel

TheLIGHT

ABERDEEN

First Thursday monthly 7pm, currently at the Lord Byron, Aberdeen. Togetherabz@gmail.com

BAKEWELL

Stand in the Park, and these others here; https://www.astandinthepark.org/east-midlands/

BARNSLEY & ROTHERHAM

Meet Darfield Garden Centre every Sunday 10.30. South Yorkshire meetings at Audrey's cafe, Darfield. Sunday 10am

BARNSTAPLE

Wednesday 10am Feel Good Larder Cafe. Sundays at Rock Park.

BASINGSTOKE

Stand in the Park on Most Sundays, also do Yellow boards on the longer daylight days. See Facebook page

BATTLE

Hope Sussex Community - www.hopesussex.co.uk

BELFAST

Belfast City Hall every saturday afternoon

BEXHILL AND EASTBOURNE

Saturdays at Devonshire Square from 10:30am.
Alternate Eastbourne and Bexhill every 2 weeks.
Findus on Telegram: Eastbourne SITP

BIRKENHEAD

Stand in the Park Birkenhead Wirral at the café every Sunday 10-12

BIRMINGHAM – TRUTH JUICE

https://birmingham.truthjuice.co.uk/

BOURNEMOUTH

Community Assembly, last Sat and Flat earth social in Dorset every month last Tuesday.

Bridgehouse hotel 2 Ringwood Road, Ferndown BH22 9AN

BRAINTREE, SITP

Stand in the Park every Sunday, Public Gardens, Braintree, CM7 9AE 10.30 - finish. Meet in cafe if cold.

BRAMPTON

The Howard Arms Hotel Brampton, Cumbria, Sunday mornings

BRIDPORT

The Crown Inn, DT6 4AX. Meet every second Tuesday of the month from 6.30pm onwards.

BRISTOL

Britishlionsforfreedom25@gmail.com

Inspirationsoveriegncommunity@yahoo.com

BURNLEY

Yellow boards and Light papers given out every Saturday outside One Beyond, 11am-1pm

BUXTON

Buxton Freedom Hub (T)

CAMBS

Stand in the Park, Hinchingbrooke Country Park, Cambridgeshire every Sunday morning from 10 am. Meet outside cafe, or inside if weather bad

CARDIFF

Prince of Wales pub, 3rd weds of month, from 6.30pm

CARLISLE

Jabbie Dodgers Get Togethers (FB)

CARSHALTON, SUTTON

Yellow Boards EVERY Thursday at 6pm and EVERY Sunday at 11am in the High Street. Stand in the Park EVERY Saturday at 10am in Grove Park

CHIPPING NORTON, OXFORDSHIRE -

Rollright Stones stand in the park Sunday mornings

CLYDEBANK

Every Wednesday on the canal bridge next to the Clyde shopping centre. 12-2ish

CRAMLINGTON

Airbox in Cramlington every Thursday night 18:30, Cramlington Freedom Group - https://tinyurl.com/7vupzr3p

CRIEFF

Macrosty Park in Crieff, Perthshire takes place every Sunday from 10.30 until 12

CORNWALL

Cornwall Preppers (FB) https://tinyurl.com/5ch3bkkt

CUMBRIA

Cumberland Truth Hub (FB)

CWMBRAN

Free Spirit, Cwmbran, NP44 4TA. Spreading awareness and promoting self help.Tue-Sat 10-5.

DARLINGTON

The Brinkburn every other Wednesday 6.30 - 8.30 pm

Darlington Stand In The Park every Sunday 10:00 - 11:00 South Park bandstand

EAST KENT

Crab and Winkle Freedom Hub (FB) covers Canterbury, Herne Bay, Whitstable and surrounding areas

EDINBURGH

SIT IN THE PUB every Tuesday at 7.30pm Every 2nd week at THE CALEY PICTURE HOUSE, Lothian Road, starting Tuesday 11th February 2025. https://chat.whatsapp.com/HY3LMZF1heL81qKeOp3R83

FAREHAM AND GOSPORT

Gostrey Meadow Farnham Surrey, Sunday mornings. Coffee Shop on Downing Street
around 12 onwards. We also sit in the pub Thursday evenings from 7.30pm at The Wheatsheaf near to Elphicks.

Fareham and also Gosport SITP Sundays 10am. We have a Telegram group

FARNHAM, SURREY

Gostrey Meadow, Farnham, Surrey, Sunday mornings

HALIFAX

Watermill, Salterhebble Hill, Huddersfield Rd, HX3 0QT. Saturdays 2 till 6

HERNE BAY AND WHITSTABLE

Awake Herne Bay (FB) Cafe 39, Whitstable
3 till 5, every Wednesday.

Herne Bay Bandstand (ASITP) Sunday mornings
10 till 11.30 ish.

HEREFORD

Wetherspoons 12noon Sunday

HERTFORD

Every Sunday 11am Spoons or Hartham park

HUDDERSFIELD

SITP Greenhead Park Sunday Mornings

IPSWICH

Christchurch park in Ipswich on Sunday mornings

LEDBURY

The Barn, Ledbury, Herefordshire. 7pm every third Wednesday of the month. All welcome. Always. Libertariandrinks.com

LEEDS – THE ROUNDHAY

Thursday evening. The Roundhay, on Roundhay Road, 6.30 onwards, as you go through the front door, turn left

LEEDS - HORSFORTH

Leeds Horsforth SITP (T) meet on Sundays. Toby Carvery, 12 noon

LEAMINGTON ON SPA

Sunday 11am in Pump Room Gardens

LEOMINSTER

Grange Stand In The Park 11am Sunday

LEWES

Lewes east Sussex, Stand in the Park, Sunday 10am-11am, Southover Grange gardens. BN7 1TP is registry office (in same area)

LEYTONSTONE

East London freedom hub, meets monthly, last week of month at Wetherspoons Leytonstone. https://t.me/eastlondonmultihub

LIVERPOOL

Stand in The Park, every Sunday, near the cafe.
Liverpool stand in the park and the The peoples resistance meet in Sefton park Liverpool at 10 a.m to 2 P.m. every Sunday by the fountain and cafe . Both Groups can be found on Telegram

LONDON

Yellow Boards in Central London usually twice per week https://t.me/YellowBoards

britishlionsforfreedom25@gmail.com

LUDLOW

www.thespitandsawdust.co.uk

LYNDHURST, NEW FOREST

SITP Lyndhurst & the New Forest Freedom Community, Hants nf.freedom@protonmail.com

MABLETHORPE

Mablethorpe speakeasy, 1st Monday of every month at the Dunes Complex paddydunescomplex@outlook.com

Dunes Complex Facebook

MANCHESTER

Wide Awake Cinema Club - https://t.me/WideAwakeCinemaClub(T), Soultriibe

MANCHESTER EAST

Tandle Rebels - https://tinyurl.com/4j8edsdb

MANCHESTER LEVENSHULME

Lucs cafe, last Wednesday of every month

MANCHESTER, MIDDLETON

britishlionsforfreedom@gmail.com

MANCHESTER WORSLEY

roundabout, Light Paper distribution & yellow boards Tuesdays 5.30-7pm (variable according to weather) updates via https://t.me/+50ZjZO7D12IyNWMo

MARGATE, KENT

Sundays 10 am. Dane Valley Park or cafes. Email for details: sitpmargate@gmail.com

MARKET DRAYTON

Stand in the park Market Drayton (T)

MILTON KEYNES

Wolverton House, Stonehouse pizza and carvery

Meeting starts at 10.30 Sundays.

MORETON, WIRRAL

Gardens Of Hope meet every Wednesday 7pm-9pm at The Farmers Arms, 2 Netherton Road, CH46 7TR

NEWTON ABBOTT

Fridays 10-3, outreach next to Austin's dept store on Main Street

NORTH DEVON

tonitaylormunn@yahoo.com

NORTH EAST YELLOW BOARDS

Rebels On Roads, Banners and Boards (FB)

https://tinyurl.com/mt4cnj6b

https://tinyurl.com/mrjdb2ne

NORTHWICH

An 'awake walks' group who meet twice a week in Northwich, at Marbury Park. https://tinyurl.com/55jz8uzd

NORWICH

Eaton Park bandstand 11 am sundays

NOTTINGHAM, AWSWORTH

Trinity farm and cafe Awsworth, near Ikea

OSWESTRY

Stand in the park every Sunday... If weather is good at the bandstand.. if not Wetherspoons

PORTSMOUTH & SOUTHSEA

Canoe lake every Sunday 11am

ROCHDALE

Rochdale Rebels Telegram: https://t.me/joinchat/V50g_72cmnggpJXy

SALISBURY

Every third Wednesday, The New Inn, (in the Oak Room) New St, SP1 2PH, from 7.30pm

SHEFFIELD

Community Assembly of Sheffield, 6.30-8.30pm, every other Thursday. Lord Nelson, Arundel Street, Sheffield, S1 4RE. Contact: Darren - sizonie71@icloud.com

SKELMERSDALE

Awake in WN8 (FB)

STAFFORD

stand in the park Sunday bandstand 10am or cafe if too cold

STOCKPORT

Portwood Roundabout every Friday 4.30-7.00pm

Stand in the park, Vernon Park bandstand every Sunday 10 am

STRATFORD-ON-AVON

Weds eve, various pubs, Coffee#1 on alternate Mondays. Email - Suejl59@hotmail.com

SWANSEA

Every other Tuesday in the Red Lion in Morriston Swansea and schooners bar in Briton Ferry the other Tuesday

THETFORD

Thetford meet up on Thursday nights at the Bell Inn 7.30pm and Sundays we meet next to the river at the Statue of Captain Mainwaring, or if chilly in the Light cinema 10.30ish

THORNE

Punch Bowl inn every Friday 7pm

TROWBRIDGE, WILTSHIRE

https://www.facebook.com/groups/awaketrowbridge/

WAKEFIELD

Pint of Truth (T) fortnightly, Mondays, 8pm. Luis Bar at Fernandes Brewery, 5 Addison Yard, WF1 1UA

WARRINGTON

Market Gate on Google maps. Postcode WA1 2LJ

Saturdays 1.30 to 4pm. Victoria Park, Knutsford Road, WA4 1HN, Sundays 11-2

WORKSOP

every 2 weeks on a Wednesday at Stanley Street Sports & Social club, 1 Stanley Street, Worksop. 7pm pippaboo26@icloud.com

WOLVERHAMPTON

A Stand in the Park, Tettenhall Pool under the big oak tree, Wolverhampton.
Wet weather: The Dog & Gun Pub. 10am and Standupwolverhampton.com

https://tinyurl.com/2fssuva2 (Telegram)

YEOVIL AND SHERBORNE

community for freedom – admin@camelotconnect.org

Help us print the uncensored truth: thelightpaper.co.uk/donate

California fires symbolise fall of the West

Los Angeles ablaze at night. Photo: Princesas Pocoapoco

by **NIALL McCRAE**

TO describe the scene as armageddon is no hyperbole.

Fires driven by seasonal Santa Ana winds have incinerated swathes of Los Angeles, such as the Pacific Palisades. Governor of California, Gavin Newsom, has imposed socially and economically costly woke policies and Net Zero puritanism, but the LA blaze has struck many of the privileged people who supported him.

Arguments rage on whether the authorities could have prevented the carnage. The USA has had a litany of disasters recently: the East Palestine chemical freight derailment, the Baltimore bridge collapse and the North Carolina floods. These events expose failing infrastructure and political incompetence, but do they symbolise something much bigger?

For Doug Casey, author of *Crisis Investing*, Western civilisation is collapsing. In an interview on his International Man website, he explains that 'it's unique among the world's civilisations in putting the individual – as opposed to the collective – in a central position'. Rational thinking was enshrined over mysticism, enabling the rise of science, technology and principled governance.

I wrote on the demise of individualism back in 2019, before the contrived pandemic, when the greater good was enforced with draconian lockdown and coercive vaccination programmes. *The Long March Of Individualism Comes To A Juddering Halt* - my essay on Human Events website - argued that while much of the developing world is on a liberalising trajectory, the West is reversing towards collectivism. Younger generations are being raised as pawns of the state, while lured by the convenience and comfort of the digital matrix.

As Casey remarks, civilisation always collapses from within. The rot began with creation of the Federal Reserve in 1913: where the dollar was previously the equivalent of a twentieth of an ounce of gold, paper notes became receipts for money that did not physically exist. People lost control of the value of cash in their wallets. Fast forward to quantitative easing, inflation, enormous debt and a looming financial crisis and there is no certainty of us keeping our homes, whether we own them or not.

The average American's standard of living has dropped since the U.S. Government abandoned the dollar's last link to gold in 1971, as the fiat currency has devalued capital and discouraged saving. The value of assets is set by speculators and central bank manipulation. Money is made from any economic turmoil, as in the global meltdown in 2007-2008, when the international banking set prospered. As Casey says: 'One hundred years ago, the richest people in the country – the Rockefellers, the Carnegies – made their money creating industries that actually made stuff. Now, the richest people in the country just shuffle money around. They get rich because they're close to the government and the hydrant of currency materialized by the Federal Reserve.'

A cashless society will remove personal privacy, as governments will monitor every transaction. According to Casey, the metastasising state is undoing morality:

'What keeps a truly civil society together isn't laws, regulations, and police. It's peer pressure, social opprobrium, moral approbation, and your reputation. These are the four elements that keep things together. Western civilisation is built on voluntarism. But, as the state grows, that's being replaced by coercion in every aspect of society.'

Casey warns that the West is going the same way as Imperial Rome, with elite contempt for the plebs, falling birth rates and uncontrolled immigration. Hitherto, leadership was by a priestly class, paternalistic but dutiful towards their charges. Today's professional-managerial ranks enjoy privilege and power, and feel that they deserve it regardless of the worsening experience and outcomes for the people below them.

Roman historian, Tacitus, wrote that the more corrupt a society, the more laws it passes. However, the relationship is not always in one direction. Tony Blair's administration passed plenty of laws as it sought to destroy the forces of conservatism. 'Diversity is strength' is the progressive doctrine, but it is patently false. The evident favouring of preferred stakeholders overriding universal rights to free speech, democracy and equality before the law. The liberal West was built on social cohesion, and so its destruction is achieved by undermining that cohesiveness.

Covering the California fires, YouTuber Antony Daniels featured Mel Gibson, who criticised the leadership failures of Newsom. Reading between Gibson's lines, Daniels mused on the possibility that LA is being cleared for a purpose. For years, California has been pushing long-term residents out, replaced by a tidal wave of immigrants with no rights or property, while decriminalising drug abuse and shoplifting.

In the 1980s, hip-hop band NWA rhymed furiously on the rich-poor divide in LA, and the police force that maintained it. But the lyrical provocation of *Straight Outta Compton* was relatively harmless, compared with the damage wreaked by the Californian establishment.

Corruption, especially in hiring, leads to mediocrity and catastrophe, but with the plausible deniability of incompetence. Considering the planned smart city and olympics village that is planned for the area in 2028, the fires suggest a planned slash-and-burn strategy, as in the Hawaiian island of Maui, where use of directed energy weapons, possibly like the British Army's 'DragonFire' is suspected.

Is LA being cleared deliberately? For those spared by the flames, insurance companies will refuse to cover their properties. Consequently, banks will not lend money, and existing mortgages will be revoked. This is becoming more obviously a controlled demolition, for the globalists' Great Reset project. Some of the richest residents of Los Angeles are discovering, to their horror, which side of the tracks they will be on.

Please pass The Light on when you've read it

A brief history of history: Part one

by **ADAM ROWLANDS**

It's only genocide when it suits the military-industrial complex and not its own numerous crimes against humanity

Artwork: pd

THE Cambridge Dictionary defines genocide as 'the crime of intentionally destroying part or all of a national, ethnic, racial, or religious group, by killing people or by other methods'.

The U.S. government recently accused the Sudanese Rapid Support Forces of committing genocide during its ongoing war with the Sudanese military.

During my time in the border area between Egypt and Sudan, I spoke to many Sudanese refugees, fleeing the conflict and the stories they told me confirm the view of the U.S. government.

Working in the Amhara, Tigray and Oromo regions of Ethiopia I witnessed the systematic destruction of houses and the forced removal of Ethiopian citizens, as well as the use, by the Ethiopian government, of drone strikes which killed dozens of people in the Amhara region.

Local and international media and aid organisations estimate the numbers killed in the last 12 months to be in the hundreds, with thousands more displaced.

Genocide and crimes against humanity have in recent years been a common occurrence in Ethiopia, with numerous international watchdogs, aid agencies and human rights organisations accusing Addis Ababa of both.

It seems illogical that the then U.S. President, Joe Biden, recently informed Congress that his government no longer viewed the actions of the Ethiopian government as illegal.

Meanwhile, the following international agencies have accused Prime Minister Benjamin Netanyahu's government of both genocide and crimes against humanity in Gaza:

The United Nations Human Rights Council, Amnesty International, The International Criminal Court (ICC), The United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA), The Red Cross, The Office of the United Nations High Commissioner for Human Rights (OCHCR) Human Rights Watch, Doctors Without Borders, Oxfam, The Lancet, 146 countries in the UN General Assembly and dozens of Israeli politicians, lawyers and academics.

Noticeable absentees from this list are the U.S. and UK governments. Not surprising as they are both profiting financially from the situation in Gaza. The UK alone has benefited to the tune of just under half a billion pounds from the sale of military equipment to the Israeli government.

Both were also silent when the IDF carried out military action against targets in Lebanon, Iran and Syria, all of which caused civilian deaths.

Seemingly a state's sovereignty counts for nothing if the U.S. decides its citizens aren't covered by international law.

The UN definition for genocide also recognises the physical and mental components of what is surely the most heinous form of state sanctioned murder:

1. A mental element: the 'intent to destroy, in whole or in part, a national, ethnic, racial or religious group'
2. A physical element: this includes the following five acts, enumerated exhaustively - killing members of the group, causing serious bodily or mental harm to members of the group, deliberately inflicting on the group conditions of life calculated to bring about its physical destruction in whole or in part, imposing measures intended to prevent births within the group, forcibly transferring children of the group to another group.

Neither definition ends with the proviso 'unless a state is defending itself'.

The idea that Palestinian women and children deserve to be killed because of the Hamas-led attacks of October 7, 2023, as heinous as they were, is as laughable as it is morally repugnant and would never stand up in a court of international law.

With any conflict there will always be an element of 'Oh, but they did this.' Or: 'They started it!' - and the situation in Gaza is no different.

This 'playground name-calling' is both pointless and, as it is based on opinions, worthless in the pursuit of the truth.

Furthermore, it is a deliberate distraction, designed to sidetrack people from the fact that tens of thousands of civilians have been killed, displaced, subjected to deliberate starvation, denied medical assistance, raped, humiliated and subjected to mental torture.

It's not just in Gaza that we see this huge disparity in the way that civilian deaths are reported and valued, based on ethnicity. Every time Russian missiles cause civilian deaths, the UK, U.S. and their agents in mainstream media are quick to mention war crimes. When Ukrainian forces' actions lead to casualties among Russian civilians they speak of "the need to investigate how this could have happened".

Since World War Two there are numerous examples of American foreign policy enabling brutal dictators and military regimes to commit mass murder.

Can we deduce from this that, in the last 80 years or so, the U.S. has had a series of psychotic presidents who saw foreign lives as worthless? Presidents who had no respect for the very principles cherished by the world's first truly democratic state?

A nation that proudly calls itself 'the land of the free and the home of the brave'?

Undoubtedly not.

Yet on initial appearance the evidence is to the contrary. There exists a shadowy cabal of powerful individuals and corporations who view all humans as expendable commodities, livestock to be slaughtered when the price is right.

The Militarised Industrial Complex (MIC) decides who lives and who dies, who rules and who is ruled, who is a terrorist and who is a freedom fighter.

Morality plays no part in their pursuit of ever-increasing wealth, influence and, most sought after of all, power. Absolute power.

In the aftermath of World War Two, the emergent MIC quietly welcomed some of Hitler's leading scientists and engineers in the pursuit of world dominance.

And the secretive Bilderberg group has assisted them by directing U.S. foreign policy and global events. The so-called 'deep state' exercises its control of the global economy, political structure and military might in an increasingly dystopian way, sacrificing millions of lives in order to create geographically designated economic and military 'blocs'.

They are all dancing to the tune of the one per cent and their ultimate goal is of everlasting dominance over an ever-diminishing global population.

- ***See* The Light *next month for part two***
- ***Facebook - The Scouse African***

Photo: Free Malaysia Today

Israel ignores international outcry

A year of pronouncements on Gaza failed to stop slaughter

by **FRANCESCA ABBOTT**

A YEAR of authoritative pronouncements on Israel's crimes has gotten nowhere.

It is a year since the West's own erstwhile respected bodies began reaching determinations regarding Israel's crimes in historic Palestine, and issuing orders for measures to be taken to prevent a genocide of the Palestinians in Gaza. Yet the killing continues unabated.

One can only conclude that the West has effectively destroyed the value of the institutions it so proudly created, and thus any claim it once had to representing a civilisation.

- On January 26, 2024, The International Court of Justice found that a plausible case could be made that Israel was committing genocide in Gaza.
- On July 19, 2024, The International Court of Justice declared that Israel's occupation of the Gaza strip and the West Bank, including East Jerusalem, was unlawful, along with the associated settlement regime, annexation and use of natural resources. It mandated Israel to end its occupation, dismantle its settlements, provide full reparations to Palestinian victims and facilitate the return of displaced people.
The Court refuted the notion that Palestinian self-determination must be achieved solely through bilateral negotiations with Israel. It reaffirmed that freedom from foreign military occupation, racial segregation and apartheid is absolutely non-negotiable.
- On November 21, 2024, The International Criminal Court issued arrest warrants for Israeli Prime Minister, Benjamin Netanyahu, and former Israeli Defence Minister, Yoav Gallant, for crimes against humanity and war crimes.
- On December 5, 2024, Amnesty International issued a 296-page report detailing Israel's genocide in Gaza.
- On December 19, 2024, Human Rights Watch issued a 179-page report detailing Israel's genocide in Gaza.
- In late December, Israel set fire to north Gaza's last functioning hospital. American emergency physician Mimi Syed, currently on her second medical mission in Gaza, told Al-Jazeera that the Israeli military's order to evacuate the Kamal Adwan Hospital spells the 'end of humanity' in northern Gaza, as no health facility will now be operating in the area.
More than 1000 medical staff have been killed in Gaza, despite working in clearly marked uniforms under the protection of international law.
The Israeli military said in a statement: 'Kamal Adwan Hospital serves as a Hamas terrorist stronghold in northern Gaza, from which terrorists have been operating throughout the war.'
After 15 months of attacks, Israel has yet to provide any compelling evidence that Hamas operatives have been present in this or any other hospital.
- On December 24, John J. Mearsheimer, distinguished scholar and professor of political science, posted an article on his substack entitled: *The Moral Bankruptcy of the West.* In it, he writes: 'Many human rights advocates in the West have stayed silent while Israel executed its genocide. The mainstream media has made hardly any effort to expose and challenge what Israel is doing to the Palestinians. Indeed some key outlets have staunchly supported Israel's actions. One wonders what people in the West, who have either supported Israel's genocide or remained silent, tell themselves to justify their behaviour and sleep at night. History will not treat them kindly.'

Fico moves to ban mRNA shots

by **PAUL BENNETT**

Slovakia leads the way in Europe with plans to halt mRNA covid jabs

PRIME Minister of Slovakia, Robert Fico, is planning to ban mRNA covid jabs, following an extensive investigative research report outlining the dangers of the experimental inoculations.

In 2024, Fico appointed Peter Kotlar as a plenipotentiary with the task of investigating mRNA vaccines developed by Pfizer and Moderna, et al. Member of Parliament from the ruling Slovak National Party (SNS), Kotlar is an orthopaedic surgeon and physical education doctor who strongly opposed mask-wearing and vaccination during the covid era.

On October 2, at a press conference outlining his findings, Kotlar advised the Slovakian government to stop inoculation with mRNA jabs "until its proven they are safe." During the 30-minute briefing, Kotlar called the so called 'pandemic' an "act of bioterrorism" and a "fabricated operation."

The government-appointed advisor said: "Unless vaccination with mRNA products is stopped or at least their efficiency and

Slovakia Prime Minister Robert Fico

safety is proven - which today I already know it won't - and unless we save the Slovak Republic from the centralisation of power under the WHO, my task is senseless."

He added: "The most serious consequence of the whole fabricated operation called the covid-19 pandemic is the endangerment of human health and the confirmation of the naivety of the world population to be subconsciously obedient."

"Large part of my family is vaccinated. Of course, they are angry with me, but it is starting to change. Now they ask me about the problems they have - neurological, endocrine, thrombosis, heart attacks, embolisms, aortic aneurysms," said Kotlar.

Slovakia's former Health Minister, Zuzana Dolinkova, stepped down in response to the appointment of Kotlar by stating that she is "sorry that at the level of the government coalition there is support for the idea of the government proxy, which, in my opinion, finds no scientific support."

Prime Minister Fico supported Kotlar's report by saying on Facebook: 'You all know that I personally have always been against experimental vaccines against covid' and encouraged Kotlar to further explore who profited from the 'unnecessary supplies and vaccines'.

Slovakia was one of the first countries in Europe to reject the draconian WHO Pandemic Treaty. Fico called the erroneous treaty 'nonsense that must have been created by insatiable pharmaceutical companies.' Eric Kalinak, Chair of the Council of Advisers to Fico, called the treaty 'another effort by globalists to weaken the power of nation-states.'

Slovakia is also one of the only European countries to pushback against the Ukrainian money-hungry regime.

On January 10, at a parliamentary meeting, Fico accused Ukrainian president, Volodymyr Zelensky, of going around Europe 'begging and blackmailing' leaders for financial support. The closing down of Russia's pipeline to Europe has cost Slovakia hundreds of millions. Fico ran his 2023 election campaign promising to end Slovakian financial aid to Ukraine.

Ardent critic of the European Union's (EU) imposed sanctions on Russia and push from some in the European Parliament for Ukraine to join Nato, Fico has called the EU a place where "the right to have a different opinion has ceased to exist."

On May 15, Prime Minister Fico survived an assassination attempt in central Slovakia. The leader was critically injured and required emergency hours-long surgery. Fico's attacker was named as 71-year-old poet and former security guard, Juraj Cintula, who allegedly told the police he disagreed with Fico over his pro-Russian stances.

In June, Fico made his first public appearance after recovering from the murder attempt by forgiving the assailant. Instead, he blamed the attack on his political opposition for inciting hatred, stating that the assassin "was an activist of the Slovak opposition...a messenger of evil and political hatred, which the politically unsuccessful and frustrated opposition has developed in Slovakia."

In a speech posted on Facebook, the Slovak PM stated: 'I feel no hatred towards the stranger who shot me. I forgive him and let him sort out what he did and why he did it in his own head.'

Fico added: 'The opposition was unable to assess where their aggressive and hateful politics has led a section of society, and it was only a matter of time before a tragedy would occur. If it continues as it is now, the horror of May 15 will continue and there will be more victims.'

- ***Slovak government mulls ban on mRNA vaccines: https://tinyurl.com/2afs9k3w***

If you want to help spread the uncensored truth

...then please pre-order advance copies of

The Uncensored Truth TheLIGHT

each month for your group, town or community:

25 copies for £10
100 copies for £20
200 copies for £25
500 copies for £50

www.thelightpaper.co.uk/bulk-order

‘Physics has been lying to us’

by **MARTIN WALNUT**

Explosive work of German scientist could lift lid on quantum theory

DR. Viktor Lewe was an innovative civil engineer and physicist, a professor in Berlin University for 17 years until his death in 1936.

His name is virtually unknown today and little is known about him, but he made significant progress in his fields of interest.

In 2008, I completed my Civil Engineering Degree as a mature student. For my thesis, I selected a very specific branch of engineering practice I knew nothing about but which sounded intriguing.

In the course of my study in the Library of the Institution of Civil Engineers in London, I was very fortunate to be able to trace all references back to original sources, and found at the root Dr. Viktor Lewe, 1915.

I discovered there was a document issued by a private company, The Portland Cement Association (PCA), Illinois, that used information from an unreferenced source - but I knew the work was that of Dr. Lewe.

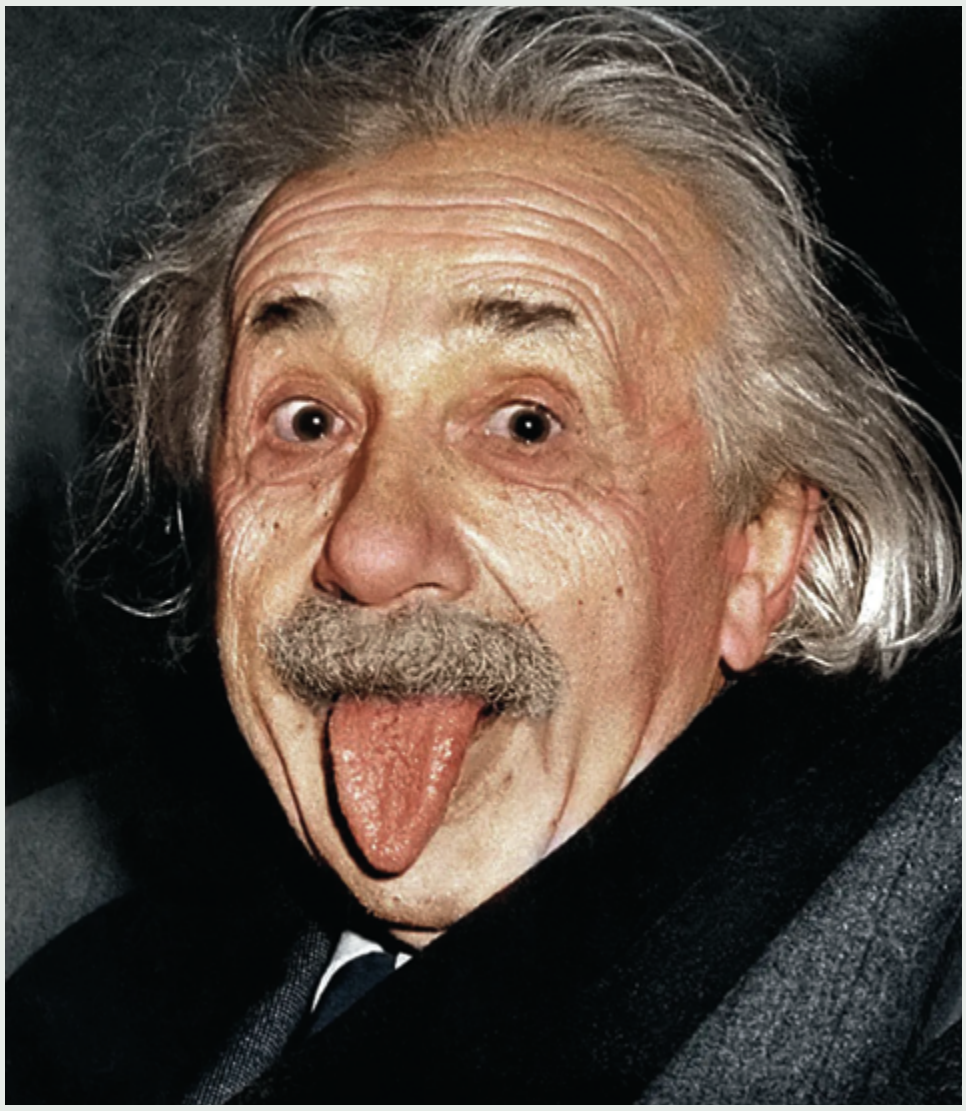
As an engineer, I was horrified, and anticipated that once I notified my professor and the Institution, the error would be corrected. Good governance demands that all sources are referenced, and this must hold true for engineering, as much as any discipline.

For how are we to learn and move forward if information from the past is kept sealed? If there are failures of engineering, these must be examined in minute detail to ensure the same problems are not repeated.

But what I was met with was indifference or silence, certainly no one was remotely interested. I realised at the time that the structural engineering concepts I was working with were actually sub-atomic.

And therefore they could be useful in understanding nuclear energy and explosions, but little did I know the power that was being used to keep this information out of the hands of engineers.

Theoretical physics is demonstrably in



Were Albert Einstein’s theories pushed to hide real physics?

charge of Atomic Energy, and so there are large swathes of physics that have been classified, including Dr. Lewe’s research. In 1942, the PCA issued the first edition of its unreferenced work.

Around the time of the end of World War Two, scientists were seeded into American and British institutions to continue their nuclear work with unlimited funding and no oversight.

Albert Einstein’s General Relativity was issued the same year as Lewe’s engineering dissertation. It was a deliberate blinding exercise - they gave us just enough to work with but not enough to explain anything.

The timing of the publication of this document coincided with nuclear weapons research under the Manhattan Project.

I believe that if the work of Dr. Viktor Lewe was referenced, and a public statement made to that effect, we would get full disclosure of everything. The worst that happens is that Lewe’s work is correctly credited, righting a historical wrong.

His 1915 dissertation for his doctorate of engineering, *Matrix Calculus for Continuous Beams and Frames*, is a translation of elastic membrane theory from state-of-the-art German physics into engineering that still stands as the foundation for reinforced concrete design practice of shell type structures.

Lewe’s work can now be understood as a breakthrough in quantum engineering and as proof of the tension and bending of nuclear forces that hold matter in one piece.

The force is expressed in every atom throughout the universe, measurable as electron mass.

The issue of the PCA publication in 1942 of *Circular Concrete Water Tanks without Prestressing* includes a series of coefficient tables that are the foundation of the design guidance within. These tables have no reference and it is not explained how they are calculated.

The latest version, 1993, is still used in engineering today, so Lewe’s work is entirely hidden and the reference link to it is broken, deliberately.

The truth is that Lewe shows the secret of the nuclear force as absolute motion - the 2D rotation of the forces of tension and bending is found in the surface of a water molecule.

The PCA document was issued in 1942 to allow the Manhattan Project to proceed in secret, but still keeps the information out of the academic world of both science and engineering.

The nuclear force describes the world of quantum, and using Lewe, it can be proven that the speed of light is not constant, shattering the taboo of questioning the oxymoronic Uncertainty Principle.

Lewe demonstrated, in 1915, that German physics was already aware of absolute motion, and also aware that any physics that rejected it as the ‘foundation’ would be incomplete.

Lewe proves physics is not even wrong - it is lying as the answers are already known.

Lewe’s paper examines load and lever arm physics at the smallest possible scale – sub-atomic – and allows an understanding of quantum observations from the perspective of engineering.

He proves that at the precise moment that a load disintegrates there is additional energy in the system as a whole – the positive moment. Disintegration creates motion; motion creates energy. This information can be used to create incredibly slender and complex reinforced concrete structures, to tap nuclear power, and to construct atomic bombs, but it is parasitical energy, at the cost of increased Earth gravity and reduced cosmological momentum. Our experience of consciousness itself is degraded.

I believe that Lewe’s name has been deliberately omitted from history to protect an incredible secret about who we are, as a species, and our place in the creation of the universe. So many records were destroyed during World War Two, but there is still much to be found, and I have brought the documented evidence to light as best as I can.

As a civil engineer myself, I have focused on the risk to reinforced concrete structures through the corruption of gravity. These structures will fall down when a magnetic pole switch occurs, due to a twist in Portland cement unwinding.

But it is the new discipline of quantum engineering that is the most exciting discovery of what lies ahead for humanity. I believe that bringing Lewe into the light will allow a full examination and audit of current scientific knowledge.

- ***Link to Research: ACE Consultancy Engineering Conscious Collective: https://ace-consultancy.uk***

Home-made recipe not to be coughed at

by **STELLA BERG**

Beat the winter blues

AAAH, the flat, grey coughy winter months. For the home-maker, cough syrup is easy, fun, and exceedingly popular. You can change some ingredients according to what grows nearby, but here's a starter recipe:

Liquorice twigs:
traditional dark brown taste, helps loosen mucous (expectorant) and relax chest (antitussive); add to:

Marshmallow root:
very mucilaginous so loosens a dry cough: chop and simmer together for 30 minutes, then add:

Elderberry syrup:
Immune support: preferably made with honey (or use any red/black fruits)

These are the basics, then add some of dock root, horehound, coltsfoot, burdock, plantain, skullcap, elecampane, everyone has their own choice. Nice extras are dried orange peel and ginger.

Photo: pd

Simmer the roots all together, add dried leaf ingredients in for five minutes. Add plenty of honey/sugar to taste, bottle up in sterile jars and prepare to be mobbed by friends and neighbours.

Another winter treasure - hot boxes for winter salad. Get any cardboard box, lined with a plastic bag. Put a layer of twiggy stuff in the base then a few inches of fresh manure (any stables or farm will give you some), finally a few inches of compost.

Put your lettuce, rocket, cress or mizuna seeds in and cover lightly with transparent plastic or fleece. Put it in a light, sheltered place and water weekly and soon you will have happy little seedlings and then real salads; really easy and such a pleasure.

I take single leaves so they keep growing but soon they will speed up and then you have a proper meal growing. If you get serious about winter growing, replace the manure every three weeks so the plant bottoms are happy and warm.

● ***Stella does 'at homestead' learning days in the Forest of Dean: stellaberg1@hotmail.com***

True Pearls: Ayn Rand, philosopher

by **RICHARD HOUSE**

The U.S. Constitution is a limitation on the government, not on private individuals. It is not a charter for government power, but a charter of the citizen's protection against the government.

The Bill of Rights was not directed at private citizens, but against the government – as an explicit declaration that individual rights supersede any public or social power.

Defiance, not obedience, is the answer to overbearing authority.

Great men can't be ruled.

We are fast approaching the stage of the ultimate inversion, where the government is free to do anything it pleases, while the citizens may act only by permission.

We can ignore reality, but we cannot evade the consequences of ignoring reality.

If a dictatorship ever comes to this country, it will be by the fault of those who keep silent.

No one's rights can be secured by the violation of the rights of others. A majority has no right to vote away the rights of a minority.

The smallest minority on earth is the individual. Those who deny individual rights cannot claim to be defenders of minorities.

Whoever defends his own rights defends the rights of all.

The hardest thing to explain is the glaringly evident which everybody has decided not to see.

The entire history of science is a progression of exploded fallacies.

There can be no compromise on basic principles – on moral issues, on matters of knowledge, of truth, of rational conviction.

Man's basic vice...is the act of unfocusing his mind, the suspension of his consciousness, which is not blindness, but the refusal to see, not ignorance, but the refusal to know.

The political function of rights is to protect minorities from oppression by majorities – and the smallest minority on earth is the individual.

Political power is exercised by means of a negative, by the threat of punishment, injury, imprisonment, destruction...the bureaucrat's tool is fear.

Russian-born, U.S. writer Ayn Rand, 1905-82

No discussion, co-operation, agreement, or understanding is possible among men who substitute emotion for proof.

Believing in freedom will create infinite possibilities.

As long as men are free to speak, a small, rational minority will always prevail over an irrational majority.

Evil requires the sanction of the victim.

Let no man posture as an advocate of peace if he proposes or supports any social system that initiates the use of force against individual men, in any form.

Don't ever give up what you want in life. The struggle is worth it.

The question isn't who is going to let me; it's who is going to stop me.

One loses everything when one loses one's sense of humour.

I guard my treasures: my thoughts, my will, my freedom. And the greatest of these is freedom.

Do not let the Hero in your soul perish in lonely frustration for the life you deserved and have never been able to reach. The world you desired can be won. It exists, it is real, it is possible, it is yours.

The Light

LONDON. July 30, 1961 — The Uncensored Truth - A Free Truthpaper — Summer Edition

The first man in space!

by John Hamer

A Provable Fraud

- **Kennedy strangely complicit**
- **Gagarin's story full of holes**
- **Soviet Union forced to save face**

Yuri Gargarin. The first man in space... allegedly

On April 12, 1961, the Soviet cosmonaut, Yuri Gagarin, was 'officially' the first man into 'outer space'. But did Gagarin really go into space?

U.S. President John F. Kennedy warmly congratulated Russian leader, Nikita Khrushchev for their achievement, but the fact that JFK did not contest this exploit was seen by the whole world as the confirmation that Gagarin's exploits were fact.

Yet, some days later, articles appeared in several American newspapers which were describing his so-called 'space-flight' as a hoax and explaining why it was not credible. Some politicians urged Kennedy not to accept Gagarin's 'achievement' without proof from the Russians - which they never provided.

During the entire flight, monitored by NASA, Gagarin was announcing his progress on the flight too early which strongly suggests that his voice was coming from a recording which also explains the de-synchronisation between his voice and the corresponding events.

Gagarin said that he was flying over South America only fifteen minutes after he departed, when he needed at least forty-five to get there.

He also stated he could distinctly see Russian farms and meadows when he was at an altitude of 200 miles, which, at that height, would have been impossible. Gagarin also said he could see the Earth through his porthole when the chief of the Russian program said in a meeting that his cabin had no portholes, only tiny slits.

And, instead of landing inside his space cabin, he landed by parachute, at the exact spot where he had done his parachute training, while his 'space-ship', Vostok1, was crashing far away and seriously damaged.

It is impossible that Gagarin could have ejected himself from his cabin and there is evidence that he was dropped from a plane. There are also many other anomalies, such as the fact that Gagarin was viewed from four angles in his cabin, when it was clearly stated that there were only two cameras present - and the fact that his official photo showed a bruise near one eye that he only acquired several months after the flight.

In addition, Gagarin seemed to have a very poor memory about the events. He wrote in his memoirs that he was wearing a blue suit during his exploit, whereas the Russians said he had an orange suit and he is clearly pictured in this orange suit.

Up until 1961, the U.S. had allegedly managed to launch 42 satellites, Russia only 12, and the U.S. had also announced that Alan Shepard would be the 'first man in space' on May 5, 1961.

Was the Soviet Union therefore forced to do something to 'save face'? It may have been for this reason that a Vladimir Ilyushin was launched into space on April 7, 1961. The Americans intercepted several radio communications between him and the space centre in Russia before Ilyushin crash-landed and was seriously injured. This could not be revealed to the public and it was claimed that he had been in a car accident.

Radio Moscow then claimed a Soviet, Gagarin, had been sent into space on the morning of April 12, 1961 and according to the announcement, he had already landed and was in fine health.

The whole world believed this, except for Western intelligence services. They had not managed to detect any radio communication between Gagarin and the space centre.

In fact the hoax was sloppily orchestrated. Polish newspapers had already announced that morning that a Soviet cosmonaut had been into space and yet other countries did not report Gagarin's flight until the next day.

In a book written for western consumption, Soviet propagandists claimed that farmhands recognised Yuri Gagarin soon after he landed in the field and enthusiastically shouted: "Gagarin, Gagarin!"

But at that time Gagarin was unknown to the public, nothing about his exploits had yet been reported at that time, no pictures of him had ever been published and his name had not been mentioned. The message from radio and TV was sent out 35 minutes after the alleged journey. Maybe the peasants were psychics?

At his press conference, Gagarin made several crucial mistakes. He stated that weightlessness was no problem and everything seemed just normal but this is obviously untrue. He then made his most serious mistake. He said: "Then I saw South America." This was impossible: at the time it had been night in South America, which meant that it could not be seen at all. He was then asked: "When will the space photographs be published?" Gagarin thought for a moment and answered: "I did not have a camera with me."

Even unmanned Soviet space probes had cameras on board. It would have been an important propaganda triumph to publish Gagarin's pictures from space, and the USSR would never have missed an opportunity like that.

When Gagarin naively expressed his wishes to travel in space 'for real' in 1968, he was disposed of. His plane exploded on March 27 that year, and the official crash report contained many contradictions and anomalies. The report claimed that there was not much left of Gagarin's body after the crash. In that case, how did his flight-suit end up in a tree - seemingly undamaged?

There are so many questions surrounding Gagarin's 'spaceflight' in April 1961 and his subsequent accidental death. A British team of researchers who questioned the propaganda surrounding the event also confirmed this information, but will the truth ever be admitted officially?

Although researchers, politicians, and journalists have all doubted the veracity of the story of Gagarin having conquered space, NASA was strangely the only authority to vouch for the authenticity of the scam.

And three weeks later, on May 5, 1961, the Americans allegedly launched their first man into space - Alan Shepard.

- **falsificationofhistory.co.uk**

Letters to The LIGHT

Love us or hate us, we are helping raise the level of debate in this country and across the world, so we welcome views from all perspectives, because the enemies of free thought and free speech are censorship and group-think. We are all individuals – let's have your thoughts! ***Please email: letters@thelightpaper.co.uk***

Dear The Light,

The government cannot raise taxes any further and it cannot borrow any more money.

Yet the clamour of parliamentarians to dramatically increase defence spending reminds one of what American political journalist H.L. Mencken said: 'The whole aim of practical politics is to keep the populace alarmed by menacing it with an endless series of hobgoblins, all of them imaginary.'

Francesca Abbott

Dear The Light,

I have seen a lot of comments about LED lights in the roads and how bad they are for us, but nothing about car lights.

I noticed last year how bright they have become. It is like driving through the Blackpool illuminations, I have had to buy a pair of night glasses. They do help a little.

I have been dazzled so many times - it is so scary when it happens. I can remember being told years ago to dip your head lights for oncoming cars, these lights are now as bright as full-beam headlights used to be.

Is this another way to reduce the population?

Marion Haynes

Dear The Light,

I see a lot of your readers have the same concerns as me about Big Tech and its hold over us.

I received an email from Google (Android) about an update to its terms and conditions, having read through it I was not happy, so I decided to do something about it.

After a lot of reading up, I decided Linux was the way to go, but I was worried because, as someone who definitely wasn't 'techy', surely Linux wasn't for me? I was wrong.

A Linux Operating System (OS) is usually what is called FOSS (Free Open Source Software) which means they allow other people to study the OS code.

This allows its users to check the OS hasn't hidden any way to spy on users within the code. This isn't something the average user will have to worry about doing – but you can if you want – unlike with the big three (Google, Microsoft, Apple).

It's also important to note most Linux Operating Systems (or distributions/distros as they are known in Linux) are also completely free to download and use.

A lot of Linux distros work very well with older computers, ones that Windows would have made obsolete many years ago. My main laptop, which I use with Linux Mint, is 10 years old and runs better than it did brand new with Windows.

I have also installed Bodhi Linux on a Dell laptop that is coming up to 20 years old! So you can keep your older tech going for longer. But something to note, Linux in general does not work with tablets or smartphones, it's best to stick to laptops and desktops originally designed to run Windows.

So if any of your readers are looking for a way to get away from Big Tech, I would urge them to at least explore Linux.

Graham Edwards

Dear The Light,

Confidence in Trump et al is misplaced.

The official story of 9/11 and the twin towers is that a jet fuel fire caused the steel columns to melt and the towers to collapse.

The fact is that jet fuel burns at 1,800 degrees Fahrenheit under the most severe fire conditions. and iron columns melt at 2,700 degrees Fahrenheit. Thermite explosive reactions are highly exothermic - i.e., they release relatively large amounts of energy - and reach temperatures of up to 4,500 degrees Fahrenheit. Therefore it must have been Thermite that caused the towers to collapse the way they did.

It must also be noted that three towers collapsed on 9/11. The third tower being WTC 7, which was not hit by a jet nor had any jet-fuel fire. This tower is supposed to have collapsed due to an office fire caused by debris hitting it from the other towers. Something that has not happened before or since. All this info and more comes from Architects and Engineers for 9/11 truth.

Photo: Damon D'Amato

This was all a fulfilment of the Project For A New American Century agenda which required a new Pearl Harbour, and called for by the neo-cons a few years before.

If Trump wanted to make America Great Again, he would talk about this. So would Nigel Farage, if he was genuine opposition.

This is the problem we face - we are not getting the truth and it is not being discussed.

We are living under Zionist control and this is why the West is dying.

We need to see this clearly if 2025 is going to bring any progress in the fight for truth and freedom.

Milton Ellis

Dear The Light,

'Russia is not the enemy' writes Serena Wylde in the fine 52nd edition of *The Light*.

She's right. Our enemy, the real enemy, is of course the state, the state which is complicit in Israel's genocide in Gaza, that 'Great Beast' which Plato referred to in Book VI of his Republic as, the 'state of conformity which is an imitation of grace'.

This imitation, this substitution for God, is, as philosopher Simone Weil said, 'The social order irreducibly reduced to that of the prince of this world.'

In the 20th century, Simone Weil, who was according to T.S. Eliot a 'kind of genius akin to that of the saints', argued that 'Rome is the Great Beast of atheism and materialism' while 'the curse of Israel, meaning capitalism and totalitarianism, is the Great Beast of religion'.

Given the deceit and propaganda surrounding America's imperial ambitions in Israel and Ukraine, any sentient being in the West who fails to argue that Washington, Westminster and Brussels, at a minimum, are the 21st century's Great Beasts of atheism and materialism would be derelict in their duty.

'I saw a beast rising up out of the sea' (Revelation 13:1). When the Great Beast has become the object of idolatry, it behoves Christians, rising saint-like to the eternal, to become enemies of the state.

'And they came up on the broad plain of the Earth and surrounded the camp of the saints and the beloved city, and fire came down from heaven and devoured them.' (Revelation 20:9)

John Muir

Dear The Light,

What is the environmental footprint of Silicon Valley and all its employees?

How pertinent will 'the devil finding work for idle hands' be when AI 'robots' apparently replace us?

What will the robots' environmental footprint be? Why is AI and the threat to humanity synonymous? If one country's AI attacks another country's AI and they 'cancel each other out', what was the point in the first place?

Aren't we supposed to be using less power, not more and more?

Aren't we supposed to be civilised and not desperate to reduce our planet to a pointless barren computer game?

Perhaps Geoffrey Hinton has a point, and he's an expert on this.

Peter Manley

Rediscover Your Health Through Holistic Dentistry

Your Smile, Your Well-being

Why Choose Us?

- **Safe, Mercury-Free Materials:** We use only biocompatible, non-toxic materials for better health.
- **Cutting-Edge Protocols:** SMART protocol, Vitamin C infusions, PRGF, ozone therapy, and more.
- **Whole-Body Healing:** Treating the root cause, including trapped emotions, for lasting results.

For Kids

Early myofunctional therapy helps prevent crowded teeth and supports natural alignment, reducing the need for extractions later in life.

What Our Patients Say

"I feel like a new person since removing toxic materials from my mouth. Thank you to the Dr.Jung Dental Team!"

Ready to Take the First Step?

Call us today at +44 7852 434 900
Email: admin@dr-elmar-jung.com
Visit: www.dr-elmar-jung.com

A healthy smile is the gateway to a healthy life

BUY INDIVIDUAL COMPANY CREDIT REPORTS FOR A TENNER?

- Check your company score
- Check your competitors
- Check your customers
- Check any UK company
- No fuss
- No forms to fill in
- Instant access
- Save a copy online in seconds

checkaco

SCAN ME

Probably the best price available

BUSINESS CREDIT CHECKS ONLY £10

checkaco.com

CLIVE DE CARLE

"Your body is not lacking pharmaceutical drugs"
Highest quality, essential supplements and more...
CLIVEDECARLE.COM

SECRET HEALTH CLUB
WITH CLIVE DE CARLE
The Magic Chair

Perfect for stress and trauma release. Just one session will leave you feeling calm and focused. Bespoke sessions can be tailored to your individual needs.

Sessions now available by appointment in: Berkshire, Gloucestershire, Somerset and Wiltshire.
To book a session email: magicchair@clivedecarle.com
For more information: www.secrethealthclub.com
See testimonials: www.tiny.cc/magicchair

The Trust Works

All Rights Reserved in Trust Under God

Settle Your Property into Your Own Private Trust. That way You will own Nothing, Control Everything and be Very Happy about it! **What You don't Own, Can't be taken away from You.**

www.thetrustworks.co.uk

Covid CBDCs *Climate Crisis* *USA Crisis* *Great Reset* *5G UN-WEF etc*	We trawl the web so you don't have to 😎

https://www.freecitizen.uk/

Free Citizen UK

GRANDER WATER REVITALISATION

A Quality Water Solution for the Whole Family

"When we drink Grander Water, it is as if we are refreshing ourselves from a pure mountain spring"

Water & Family Health

Water loses its natural energetic potential when treated with chemicals and pumped through pipes over long distances, causing water to becomes damaged, stagnant less vital and flat to the taste, loosing its natural health giving properties.

- **Choose to have a vibrant healthy water flowing from every tap in your home**
- **The taste and quality of bottled water straight from your tap**
- **Scientifically proven to reduce scale, increase microbiological stability and save on heating costs**

Table top systems from £225 & £1,161 for single tap systems to standard house systems with up to three baths prices from £3,980

WATER IS OUR STRENGTH

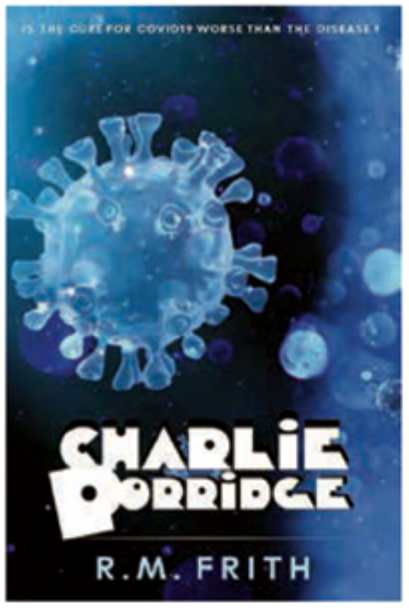
GRANDER WATER

Sales Office t: **0333 390 9479**

e: **waterinfo@granderwater.co.uk**

www.granderwater.co.uk

Is the cure for Covid 19 worse than the disease?



This story tells how one whistle blower strives to alert everyone of the extremely perilous and dangerous consequences of the Government reaction to Covid 19.

She discovers the authorities, backed by billionaires, are motivated by sinister, disquieting if not evil agendas.

To win, she needs bravery, great courage and determination.

Is there a pandemic and is it all it seems? Is the response proportionate and what is behind such overt Government control? History tells us there is a tipping point when good people react to the establishment?

Does this whistle blower find any answers?

CHARLIE PORRIDGE

Price £2.49

For your digital download edition

'Sensational in every respect, even disturbing'

'If this is the truth, where do we go from here?'

'The bulletins chillingly reminded me of the Westminster briefings'

https://robertmfrith.com/books

Disclaimer

All characters and events are fictional in this story. Any resemblance to anyone alive or dead is purely coincidental. Events and terminology are used to support the story where medical fact is required, however some are renamed not to cause undue upset nor harm.
The author and publisher accept no responsibility whatsoever for any reaction to this novel and story.
Medical details and directions are fictional and each individual must take their own practitioner's advice.

FOR SALE

1994 Iveco Ford Cargo

4 ltr Diesel Live-in Truck

Lovingly restored vehicle with near complete, solar-powered mobile home box conversion.

Price negotiable • For details email

truck.uqeff@passmail.net

DARTMOOR REACH ALPACA FARM

Glamping Holidays & Retreats

on the edge of Dartmoor National Park

Come and meet us we are open Easter until November 1st

Find out more at www.dartmoorreach.com

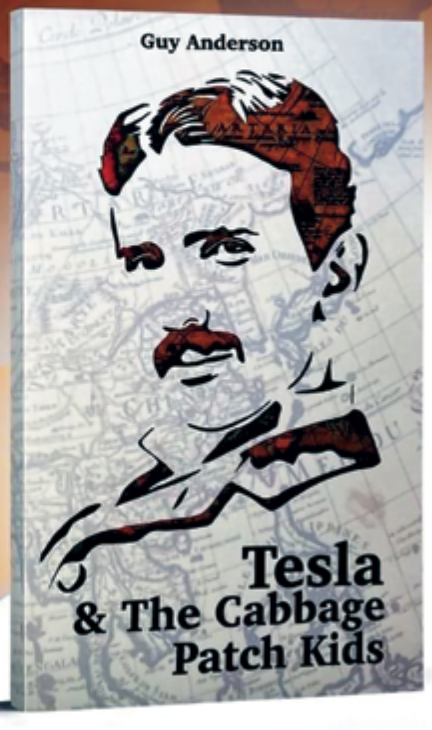
or call us on 07793 151524

THE
WELLNESS WAY
WITH PHILLY J LAY

THE DOCTOR OF YOUR FUTURE IS YOU!
WWW.PHILLYJLAY.COM

OUR HISTORY IS A LIE!

The year 1776 appears to be the time of a Great Reset and the destruction, as well as the deletion, of the Tartarian Empire from the face of the Earth. Guy Anderson spent decades researching numerous conspiracy theories, until he uncovered the biggest of them all!



"I found Guy's book to be an enlightening introduction to the Tartarian Empire"
– Richard Vobes –

Available on amazon

Want a signed copy?
Email me at : guypeteranderson@gmail.com

INTERIOR AND EXTERIOR PAINTING AND DECORATING

Reliable & Friendly
AWAKE

Mobile: 07429 799338
Sussex - Surrey - Kent - Essex
dapps699@gmail.com

INNER SPACE THERAPY
MENTAL WELLBEING & HOLISTIC HEALTH

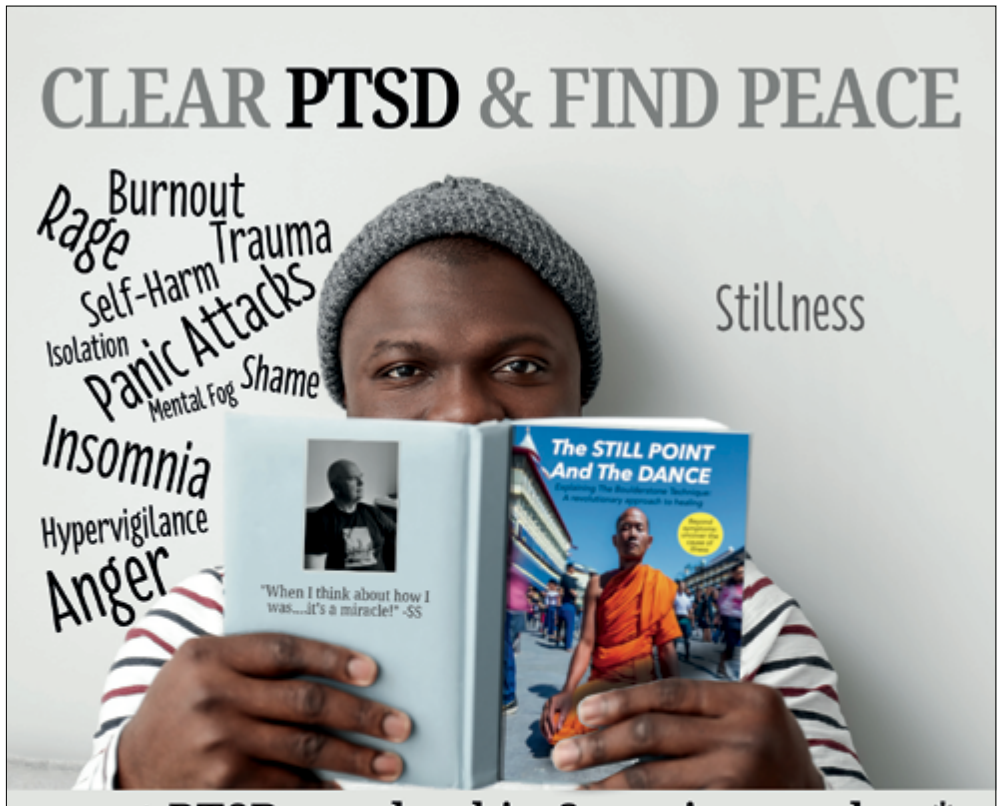
Feeling lost or confused after an awakening? Struggling to deal with overwhelming thoughts or feeling anxious? Unsure where to go from here?

I offer a supportive space to help you work through your worries, drawing on both professional expertise and insights from my own awakening journey. I combine hypnotherapy, counselling and psychotherapy to provide a tailored approach to help you make sense of your journey and thrive.

Whether you're feeling overwhelmed, unsure what to do or are simply looking to connect with yourself on a deeper level, I'm here to support you for what you need.

For more information or to book a free initial consultation visit **www.innerspacetherapy.uk** or call **Nisha on 07399322826**

CLEAR PTSD & FIND PEACE



most PTSD resolved in 2 sessions or less*

The innovative Boulderstone Technique
Developed by John Boulderstone over 30 years

No re-traumatising talking needed
Special monthly sessions to 'Clear in a Weekend'
Limited FREE sessions in Tunbridge Wells Clinic

"The Still Point and the Dance" book available online
Email **Info@ptsd.website** for bookings and enquiries

*complex PTSD takes longer

www.PTSD.website

The Bowlerhat Farmer

FORK The SYSTEM

UK TOUR 2025

The food system is broken.
The future of farming is uncertain.
But together, we can change that.

Join The Bowlerhat Farmer on the

Fork the System UK tour

A no-nonsense, eye-opening Journey into the future of farming, food production, and sustainability. Expect radical ideas, fresh perspectives and real talk about what needs to change.

What's on the agenda?

The future of regenerative agriculture
Tech vs tradition - What's next for farming?
Who really controls our food supply?
Climate resilience & food sovereignty
Open Q&A - bring your questions!

Coming to a town near you!

Check out the tour dates and locations at

www.thebowlerhatfarmer.com

Want to book The Bowlerhat Farmer for your area?
Contact: support@thebowlerhatfarmer.com

THE DAZ BAND

NEW ALBUM

Definition of Madness

Definition of Madness is The Daz Band's second album, after last year's acclaimed *Time of The Signs*, and the first showcasing the collaboration between songwriter and vocalist Darren Nesbit and guitarist Suroj, including two fully co-written songs - *Down To Hell* and *Want To Live Forever*.

All the clichés about great rock and roll albums apply here.
This record explodes out of the speakers and doesn't let up until the final dying chord, and then you want to listen to it all over again.
The album showcases a passionate and defiant attitude through lyrics of truth, hope and freedom, backed by incredible guitar work, pounding rhythms and the best choruses you have heard in years.

AVAILABLE FROM 28.02.25

TRACK LISTING

1. In Fact, Dance
2. Do You Want To Know The Truth?
3. I Will Not follow
4. Free Range Slaves
5. Down To Hell
6. Rebellion Is A Virtue
7. Set The Captives Free
8. Gates Of Jericho
9. Better Angels
10. Want To Live Forever

Recorded and mixed at Short Woods, Staffordshire, England during Winter 2024/25. Some of the songs date back to 2013 when Darren first began his journey of awakening and realisation, while some were written just prior to beginning the recording sessions.

The band came together in 2020 at a lockdown party, and have had controversy follow them constantly, largely due to the infamous song, 'We are the 99%' (You Can Stick Your New World Order Up Your Arse) and its alleged lyrics containing 'medical misinformation'.

Due to their true anti-establishment stance, they are called all the names under the sun - but listen for yourself and make your own mind up.

Released on limited edition CD, USB stick and available everywhere for digital download, from 28.02.25

https://dazband.com
dazband@protonmail.com

This Light Paper is distributed by: